

# e-Distance Learning



Department of Health

Office of Public Health Practice

MidMonth March 2018

**Welcome** to the **March 2018** New York State Department of Health's e-Distance Learning Newsletter.

**In this issue, you will find** dates & times for upcoming live trainings, webcasts, webinars, on demand webcasts, and on demand webinars, many available on the [www.NYlearnsPH.com](http://www.NYlearnsPH.com) Learning Management System (LMS). If you have questions or issues accessing the LMS, or if you need assistance enrolling in any of the programs, please contact the NYSDOH Office of Public Health Practice at [edlearn@health.ny.gov](mailto:edlearn@health.ny.gov).

Check back next month. Some Live Webinars will appear as enduring material in the LMS.

Calendar List of Live EVENTS	Provider	Air Date	Air Time	LMS Course #	Page
Public Health Live! Health Literacy: A Tool for Effective Communication and Engagement	UAlbany SPH	15-March	9-10am	<a href="#">UASPH-PHL20180315</a>	2
Empowering Nurses to Protect Themselves and Their Patients: Disaster Preparedness Through the Seasons	CDC	16-March	2-3pm	LIVE WEBINAR	2
CDC's Public Health Grand Rounds Presents: Global Introduction of New Vaccines: Delivering More to More	CDC	20-March	1-2pm	<a href="#">CDC-PHGR201803</a>	3
HPV Vaccination: Recommendations and Strategies for Improving Coverage	National Foundation for Infectious Diseases	21-March	12-1pm	LIVE WEBINAR	3
The Art of Engaging Patients in Behavioral Change: Using Motivational Interviewing to Promote and Address Social Determinants of Health Conditions	NYSPPHA	21-March	12-1pm	LIVE WEBINAR	4
The Heart of New Ulm: Population Health Takes a Village	Public Health Foundation	21-March	1-2pm	LIVE WEBINAR	4
Opioid Prescription Control: When the Corrective Goes Too Far	ADPH	21-March	1-2pm	<a href="#">ADPH-20180321</a>	5
BEHAVIORAL HEALTH EQUITY TOWN HALL Part Two Achieving Health Equity and Improving Health Behaviors by Addressing the Social Determinants of Health	HRSA	22-March	2-3:30pm	LIVE WEBINAR	5
The 2018 County Health Rankings state reports: How to use data from these new reports to improve health and increase equity	CHRR	27-March	3-4pm	<a href="#">CHRR-20180327</a>	6
Trauma-Informed Practice – a Rural Perspective	NCPHP	27-March	3-4pm	LIVE WEBINAR	6
Opioid Epidemic: Strengthening Your Community's Capacity to Connect to Vital Services and Support	USDHHS	28-March	12-1pm	LIVE WEBINAR	7
Uncompensated Care Provision and the Implementation of Population Health Improvement Strategies	SFA	28-March	12-1pm	<a href="#">SFA-20180328</a>	7
Stop Street Harassment: Making Public Places Safe and Welcoming for Women, LGBTQ-inclusive and Cisgender Individuals	Walking Towards Justice	4-April	2-3pm	LIVE WEBINAR	7
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UASPH-PHL-20180315

**Public Health Live! Health Literacy: A Tool for Effective Communication and Engagement**

**Thursday, March 15, 2018**

**9-10am**

**Provider:** University at Albany School of Public Health

[To view the live webinar, please register here](#)

To view the webinar recording at a later date, Enroll in the LMS course: [UASPH-PHL20180315](#)



Speakers:

**Julie McKinney, MS**

Health Literacy Discussion List Moderator, Institute for Healthcare Advancement

Health Literacy Specialist, Exceptional Lives, Inc.

**Wilma Alvarado-Little, MA MSW**

Associate Commissioner, New York State Department of Health  
Director, Office of Minority Health & Health Disparities Prevention

Health literacy involves providing clear and effective communication by the individual providing healthcare services and the individual receiving services. Despite the intent to relay information in a clear and concise manner, a disconnect sometimes occurs. Therefore, it is important to identify and address potential barriers when providing information to support well-being. Helping individuals who experience low health literacy is vital to enable them to effectively take care of their health or the health of a loved one. This webcast will provide an overview of health literacy, its role in the provision of healthcare services, as well as how to engage the community in in this process, lessons learned about preparing oral and written materials, and how to present and review health literacy techniques for direct service care.

After viewing the webcast participants will be able to:

- Define the scope of health literacy beyond plain language;
- Describe three main strategies for using health literacy approaches to communicate effectively with diverse communities;
- Identify resources to guide staff in becoming a health literate organization.

**Intended Audience:** Physicians, physician assistants, nurses, nurse practitioners, local health department and community health workers, social workers

**LIVE WEBINAR**

**Empowering Nurses to Protect Themselves and Their Patients: Disaster Preparedness Through the Seasons**

**Friday, March 16, 2018**

**2-3pm**

**Provider:** Centers for Disease Control and Prevention

[To view the live webinar, please register here](#)

Healthcare personnel may serve as responders during disasters or infectious disease outbreaks. To effectively respond to public health emergencies and natural disasters, healthcare professionals must engage in emergency preparedness and response activities. Empowering Nurses to Protect Themselves and Their Patients: Disaster Preparedness through the Seasons is the sixth webinar in the NICE Network webinar series. This webinar will address how nurses can be prepared to maximize patient safety, decrease occupational exposures, and prevent the spread of infections in their schools, healthcare facilities, and communities during an outbreak or disaster.

CDC-PHGR201803

**CDC's Public Health Grand Rounds Presents:  
Global Introduction of New Vaccines: Delivering More to More**

**March 20, 2018  
1-2pm**

**Provider:** Centers for Disease Control and Prevention

[Registration is not required to watch the live webcast of Grand Rounds.](#)

To view the webinar recording at a later date, Enroll in the LMS course: [CDC-PHGR201803](#)

Objectives:

1. List key measures of burden of disease involving morbidity, mortality, and/or cost.
2. Describe evidence-based preventive interventions and the status of their implementations.
3. Identify one key prevention science research gap.
4. Name one key indicator by which progress and meeting prevention goals is measured.

Target audience: physicians, nurses, epidemiologists, pharmacists, veterinarians, certified health education specialists, laboratorians, and others.

**Upcoming CDC Public Health Grand Rounds**

- April 17, 2018: Hepatitis B & C Elimination
- May 15, 2018 Antimicrobial Resistance

LIVE WEBINAR

**HPV Vaccination: Recommendations and Strategies for Improving Coverage**

**Wednesday, March 21, 2018**

**12-1pm**

**Provider:** National Foundation for Infectious Diseases

[To view the live webinar, please register here](#)

Human papillomavirus (HPV) is a very common virus that infects nearly 80 million people—about one in four—in the US, causing more than 31,000 cases of cancer each year. Join NFID Medical Director, **William Schaffner, MD**; NFID President-Elect **Joseph A. Bocchini, Jr., MD**, Louisiana State University Health Sciences Center; and **Shannon Stokley, DrPH**, Immunization Services Division of the National Center for Immunization and Respiratory Diseases, Centers for Disease Control and Prevention (CDC), for an update on current HPV vaccine recommendations, vaccine safety and effectiveness, and strategies for improving immunization rates.

At the conclusion of this activity, participants will be able to:

- Discuss ACIP recommendations for the use of HPV vaccines and the rationale for universal immunization
- Understand data on HPV vaccine safety and effectiveness
- Describe strategies for increasing HPV vaccination rates among US adolescents and young adults

LIVE WEBINAR

**The Art of Engaging Patients in Behavioral Change: Using Motivational Interviewing to Promote and Address Social Determinants of Health Conditions**

**Wednesday, March 21, 2018**

**12-1pm**

**Provider:** New York State Public Health Assn.

[To view the live webinar, please register here](#)

**Fee:** FREE for NYSPHA members

\$10 for non-members

**Includes 1 contact hour of CHES and/or CPH credit**

**REGISTRATION IS REQUIRED - registration will be open until 10:00 AM (EDT) on Wednesday, March 21st.**

There are 5 stages of change (precontemplation, contemplation, preparation, action, and maintenance) and after a patient's stage of change is identified, health care professionals must implement clinical skills that will assist facilitate the patient's progression. Motivational Interviewing (MI) is a framework designed by William Miller and Stephen Rollnick to assist facilitate patient progression. MI builds on the foundation of clinicians understanding of their role as health care providers in assisting patients move toward a state of action that can result in improved health outcomes. The webinar is centered on the type of MI training that has been offered, including an overview of MI and how it can be adapted to different public health populations, and the evidence of its effects.

By participating in this webinar you will learn about:

- The overview of Motivational Interviewing (MI) approach and spirit to best fit current practice settings and caseloads
- The MI skills needed to help patients explore and resolve their ambivalence regarding health behavior change
- MI skills on how to effectively respond to sustain talk, discord and change talk

LIVE WEBINAR

**The Heart of New Ulm: Population Health Takes a Village**

**Wednesday, March 21, 2018**

**1-2pm**

**Provider:** Public Health Foundation (PHF)

[To view the live webinar, please register here](#)

In New Ulm, Minnesota, an exciting partnership focused on heart health formed in 2008. The program entitled "Hearts Beat Back: The Heart of New Ulm," has been a successful initiative to reduce heart attacks and improve heart disease risk in a rural Minnesota town. Features of this program include:

- Use of electronic health records for identifying at-risk individuals and neighborhoods and monitoring progress over time
- Interventions to fill gaps in the community, in healthcare, and at worksites
- Positive results on numerous modifiable risk factors related to heart disease
- Continuous improvement over the life of the program
- A sustainable approach led by community members

Over the first five years of the program, which included data on three-fourths of all community residents, results included significant improvements in blood pressure, total cholesterol, triglycerides, and glucose. Improvements were largely driven by individuals at high-risk levels at the start of the program.

ADPH-20180321

**Opioid Prescription Control: When the Corrective Goes Too Far**

**Wednesday, March 21, 2018**

**1-2pm**

**Provider:** Alabama Department of Public Health

[To view the live webinar, please register here](#)

To view the webinar recording at a later date, Enroll in the LMS course: [ADPH-20180321](#)

The purpose of this program is to delve deeper into the complexity of the evolving opioid epidemic. This program will discuss how the opioid epidemic has evolved including current trends in opioid prescribing and use, early causes of the opioid epidemic, and factors that sustain the epidemic today. In addition, federal response policies will be discussed including the intended and unintended impacts for prescribers and patients. CDC Guidelines that encourage a careful weighing of risks and benefits for each patient will also be reviewed. Finally, the importance of patient and provider education and legislation in preventing prescription overdose death will be introduced.

Program Objectives:

- Summarize the evolution of the United States opioid epidemic.
- Discuss how current federal policies impact providers in prescribing opioids.
- Review CDC guidance providers can use
- when weighing the risk and benefits of prescribing opioids to patients.
- List 2-3 state and/or federal policies and strategies for preventing overdose deaths.

LIVE WEBINAR

**BEHAVIORAL HEALTH EQUITY TOWN HALL Part Two  
Achieving Health Equity and Improving Health Behaviors by  
Addressing the Social Determinants of Health**

**Thursday, March 22, 2018**

**2-3:30pm**

**Provider:** Health Resources & Services Administration

[To view the live webinar, please register here](#)

This is the second of a two-part series on Behavioral Health Equity to increase awareness of health equity and provide behavioral health practitioners with strategies and resources for improving health behaviors and reducing disparities in access to behavioral health care.

Part Two will provide behavioral health practitioners with strategies and resources for reducing disparities.

**Objectives:**

1. Identify engagement, culturally-based, and data-driven strategies for reducing disparities in access to behavioral health care across populations.
2. Learn about resources on health disparities and health care quality among diverse populations, cultural and linguistic competencies and health literacy.

CHRR-20180327

**The 2018 County Health Rankings state reports:  
How to use data from these new reports to improve health and increase equity**

**Tuesday, March 27, 2018**

**3-4pm**

**Provider:** County Health Rankings & Roadmaps

[To view the live webinar, please register here](#)

To view the webinar recording at a later date, Enroll in the LMS course: [CHRR-20180327](#)

This year's County Health Rankings release will include enhanced state reports that focus on persistent gaps in opportunity that contribute to poor health outcomes. Building on our strong foundation of calling attention to the many factors that influence health, these reports highlight data on social and economic disparities based on place and on race and ethnicity, in addition to providing evidence-informed strategies and examples of communities taking action to address equity.

These new reports will illustrate:

1. *What health equity is and why it matters.*
2. *Differences in health outcomes within states by place and racial/ethnic groups.*
3. *Differences in health factors within states by place and racial/ethnic groups.*
4. *What communities can do to create opportunity and health for all.*

We are excited that this webinar will support and encourage you to use the 2018 state reports to pursue action in the range of factors that influence health and equity. We will discuss key findings from the data, differences in outcomes and opportunity based on place and race/ethnicity, and specific evidence-informed approaches for taking action. Be sure to review your state's 2018 report, which will be available on our website on March 14<sup>th</sup>, and come to the webinar with your questions.

LIVE WEBINAR

**Trauma-Informed Practice – a Rural Perspective**

**Tuesday, March 27, 2018**

**3-4pm**

**Provider:** Northwest Center for Public Health Practice

[To view the live webinar, please register here](#)

In this one-hour webinar, which is part of the *Hot Topics* series, **Karolyn Holden**, Director, Grays Harbor County Public Health and Social Services, shares how her rural public health agency took deliberate steps toward building a more trauma-informed practice.

**Learning Objectives**

- List two resources or tools that could help guide an organization in becoming more trauma-informed.
- Describe two ways Grays Harbor County Public Health and Social Services changed their workplace culture to be more trauma-informed.
- List two policy or environmental changes Grays Harbor County Public Health and Social Services put in place to be more trauma-informed.

**Intended Audiences**

Local, state, and tribal public health professionals; public health nurses and other clinicians

LIVE WEBINAR

**Opioid Epidemic:  
Strengthening Your Community's Capacity to Connect to Vital Services and Support**

**Wednesday, March 28, 2018**

**12-1pm**

**Provider: Center for Faith-based and  
Neighborhood Partnerships  
U.S. Department of Health and Human  
Services**

[To view the live webinar, please register here](#)

Faith and community leaders are seizing the opportunity to strengthen their response to the current opioid epidemic. With the help of local experts, they are learning how to respond to an emergency, provide on-going recovery support, and even make referrals to treatment. We will learn how faith-based and community leaders are joining their compassion with a proven expertise that's bringing hope and healing to their communities.

SFA-20180328

**Uncompensated Care Provision and the  
Implementation of Population Health Improvement Strategies**

**Wednesday, March 28, 2018**

**12-1pm**

**Provider: Systems for Action National Program  
Office**

[To view the live webinar, please register here](#)

To view the webinar recording at a later date,  
Enroll in the LMS course: [SFA-20180328](#)

The Affordable Care Act (ACA), along with Medicaid expansion, was expected to reduce the rising burden on hospitals from uncompensated care provision to uninsured people while creating new resources and incentives for hospitals to contribute to disease prevention and health promotion activities. By examining the association between area-level hospital uncompensated care provision and hospital contributions to public health activities for the period 2006-2016, this study aims to lend evidence to the hypothesis that reducing uncompensated care costs might enable hospitals to re-allocate resources for population health improvement.

LIVE WEBINAR

**Stop Street Harassment: Making Public Places Safe and Welcoming for Women, LGBTQ-inclusive and Cisgender Individuals**

**Wednesday, April 4, 2018**

**2-3pm**

**Provider: Walking Towards Justice**

[To view the live webinar, please register here](#)

To provide an open platform for discussion and aid in identifying potential solutions to improve walkability for ALL, America Walks has launched a new social equity-inspired online discussion series titled: Walking Towards Justice. Walking Towards Justice is a webinar series that integrates literature into a discussion regarding the intersectionality of mobility, race, class, gender, and politics. The quarterly webinar will include an interactive panel of leading scholars, activists, practitioners, America Walks Board members, and policymakers, who will discuss and explore connections between walking and other key topics such as social equity, residential segregation, gentrification, police brutality, and etc. Participants will also be able to engage and ask questions of panelists via chat during the live webinar. Using the text Stop Street Harassment: Making Public Places Safe and Welcoming for Women by Holly Kearl as a framework for the conversation, our panel will discuss some of the barriers, and opportunities facing women, LGBTQ-inclusive and cisgender individuals to engage safely and enjoyably with public spaces. This conversation will discuss the experiences of women, LGBTQ-inclusive and cisgender individuals and examine some changes that can be made to create safe, accessible, and enjoyable places to walk.

## ATTENTION LOCAL HEALTH DEPARTMENT (LHD) STAFF

NEW 2018 Versions of Mandated Continuing Education for Staff in the following titles:

- **Public Health Nurse 2 (PHN2)**
- **Supervising Public Health Nurse (SPHN)**

**BACKGROUND:** The New York State Sanitary Code requires all staff hired, to the above titles, after August 20, 2008 must complete 15 credits of continuing education within the first year of employment. In 2008, Continuing Education (CE) Programs were developed to meet the continuing education requirement for these three titles, free of charge. The CE Programs for these titles were recently revised to provide updated course content.

**These NEW Continuing Education (CE) Programs for 2018** replace all previous versions. If you were hired under one of these titles after August 20, 2008 –AND– have not yet completed the CE Programs for your title, then you will need to enroll in and complete the ALL NEW 2018 version of the programs.

**Visit:** <https://www.nylearnsph.com/Public/Catalog/program.aspx>

### FREQUENTLY ASKED QUESTIONS (FAQs)

**Q: What if I am currently enrolled in Continuing Education (CE) Programs for PHEd, PHN2 and/or SPHN Titles?**

**A: You can contact LMS Administration at [edlearn@health.ny.gov](mailto:edlearn@health.ny.gov) or call 518-473-4223 and speak with Tom Reizes who can review your progress /status in the program.**

**Q: Why have a new version of the CE Programs?**

**A: CE Programs have been updated to include new courses that have been developed to better address the professional competency standards, address outdated content and meet the needs of staff new to the title in question.**

**Q: Will there be over-lap in the coursework required by the old and new CE Programs? If yes, will I receive credit for common courses that I have already completed?**

**A: Yes, in some cases there will be overlap. For any courses that are common to both the old and newer versions of a CE Program in question your enrollment /completion status will be maintained.**

**If you have any other questions regarding either of these CE Programs how to complete a program; if you having difficulty enrolling in and/or completing existing programs or any courses included within the programs, please email: [edlearn@health.ny.gov](mailto:edlearn@health.ny.gov) or call 518-473-4223 and speak with Tom Reizes or Abbey Greenbaum.**