

The **Peer** Response

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Comparing Concepts

Amygdala

Hippocampus

=

“Hijacker”

- "There are three critical elements to it;
1. the behavior has a **psychological purpose**;
 2. the specific learning pathways involved make it become **nearly automatic and compulsive**;
 3. and it **doesn't stop** when it is no longer adaptive."

Learning/Process Disorder

Szalavitz, Maia. Unbroken Brain: A Revolutionary New Way of Understanding Addiction. Picador USA, 2017

“Drugs and hijack the brain.” What matters is **what people do with them.** before and after them.”

Szalavitz, Maia. Unbroken Brain: A Revolutionary New Way of Understanding Addiction. Picador USA, 2017

“We have this idea that if we are just cruel enough and mean enough and tough enough to people with addiction, that they will suddenly wake up and stop, and **that is not the case.**”

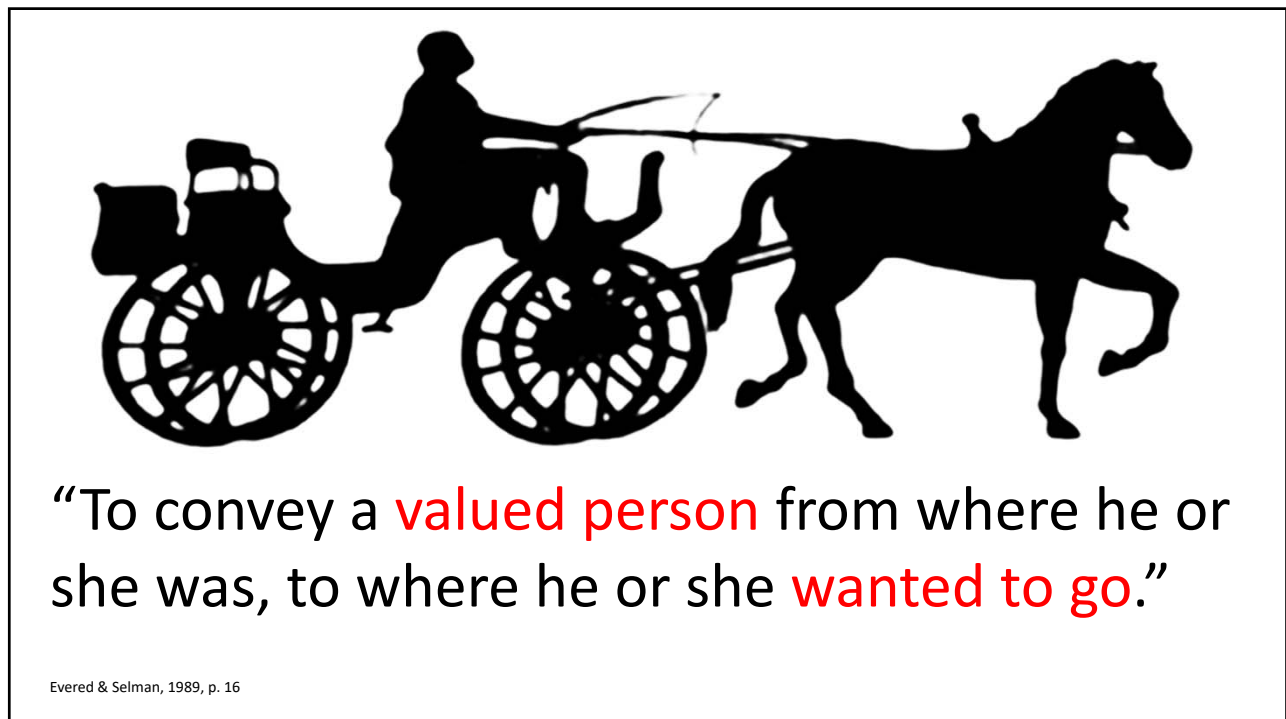
- Maia Szalavitz

Only about 1 in 10 people with a substance use disorder receive any type of specialty treatment.



[U.S. Department of Health and Human Services \(HHS\), Office of the Surgeon General, Facing Addiction in America: The Surgeon General's Report on Alcohol, Drugs, and Health, Washington, DC: HHS, November 2016.](#)





Evered & Selman, 1989, p. 16

What are the roles of Recovery Advocates?

Peer Roles:

- Motivators/Cheerleaders
- Ally/Confidant
- Truth-teller
- Role Model and Mentor
- Problem Solver
- Resource Broker
- Advocate
- Friend and Companion
- Community Organizer

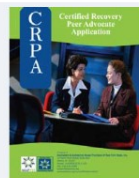
Adapted from William White

Certified Recovery Peer Advocate (CRPA)

Requirements for the CRPA – Certified Recovery Peer Advocate	
Education	High School diploma or jurisdictionally certified high school equivalency
Training <i>Including Identified Domain Requirements</i>	46 hours specific to the domains, with 10 hours each in the domains of Advocacy, Mentoring/Education, and Recovery/Wellness Support and 16 hours in the domain of Ethical Responsibility.
Experience	500 hours of volunteer or paid work experience specific to the PR domains*
Supervision	25 hours of supervision specific to the domains. Supervision must be provided by an organization's documented and qualified supervisory staff per job description*
CRPA Exam	Passing score on the NYCB / IC&RC PR exam
Code of Ethics	All applicants must endorse and sign a Peer code of ethics statement or an affirmation that the applicant has read and will abide by the code of ethics.
Annual Renewal Standards	8 hours of Addiction Recovery Coaching Specific Training including 1.35 hours of NYCB approved ethics
Certification Renewal	Due 3 years from date of certification

Certified Recovery Peer Advocate - Family (CRPAF)

Certified Recovery Peer Advocate | Medicaid-reimbursable Advocacy, mentorship and systems-navigation



- 18 + years of age
- High School Diploma or equivalent
- 46 hours education (30 hrs peer recovery training + 16 hrs peer ethics)
- 500 hrs peer work experience & IC&RC exam (passing grade) required
- Attest to NYCB Code of Ethical Conduct for Peer Recovery Professionals
- \$100 application fee, plus \$80 exam fee
- Scholarship support for application and exam fees may be available
- Certification valid for three years from date of issue; renewal fee, \$50
- Continuing education credits required for renewal

Certified Recovery Peer Advocate-Family


Bringing CRPA to family members impacted by substance use disorder



- CRPA in good standing (per the requirements above)
- Lived experience as a parent or primary caregiver of a youth (21 years of age or younger at onset of family exposure to active addiction) who has participated in, or navigated, the substance use disorder services system
- 20 hours specified training (10 hrs online + 10 hrs in-person with an approved CRPA-F trainer)
- Attest to CRPA-Family ethical standards supplemental to the NYCB Code of Ethical Conduct
- \$100 application fee
- Certification valid for three years from date of issue; renewal fee, \$50
- Continuing education credits required for renewal

<http://www.asapnys.org/ny-certification-board/>
Ruth Riddick, Community Outreach | rriddick@asapnys.org | March 2019

Certified Addiction Recovery Coach (CARC)

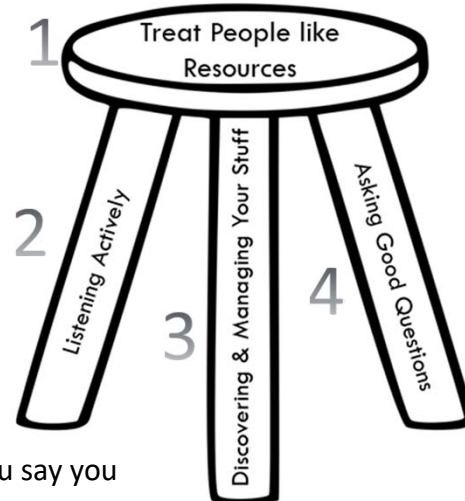
	Requirements for certification as a Certified Addiction Recovery Coach
Training	60 hours of NYCB-approved training: <ul style="list-style-type: none"> • 20 hours: Recovery from Addiction (including 4 hours of Medication Assisted Treatment/MAT) • 20 hours: Recovery Coaching • 5 hours: Recovery Education • 15 hours: Ethical Responsibility
Code of Ethical Conduct	Candidate must read and abide by the NYCB Code of Ethical Conduct. This handbook may be downloaded at our website: http://www.asapnys.org/ny-certification-board/ Candidate must endorse and sign the NYCB Code of Ethical Conduct statement (page 4).
CARC Exam	The NYCB CARC exam is not currently required.
Renewal	CARC certification is valid for 3 years from date of issue. Continuing education is required for renewal, as follows: <ul style="list-style-type: none"> • 15 hours NYCB-approved recovery-specific education (multiple courses); <u>plus</u> • 3 hours NYCB-approved peer ethics.

New York Certification Board (NYCB)

- Under Alcoholism and Substance Abuse Providers
- House these certifications within NYCB
- <http://www.asapnys.org/ny-certification-board/>
- <http://www.asapnys.org/wp-content/uploads/2018/04/ASAP-NYCB.Code-of-Ethical-Conduct.handbook.Nov-2017.pdf>

<http://www.asapnys.org/ny-certification-board/>

Always Remain Curious 5



You are in Recovery when you say you are.

The Connecticut Community for Addiction Recovery (CCAR) (n.d.) Recovery definition.

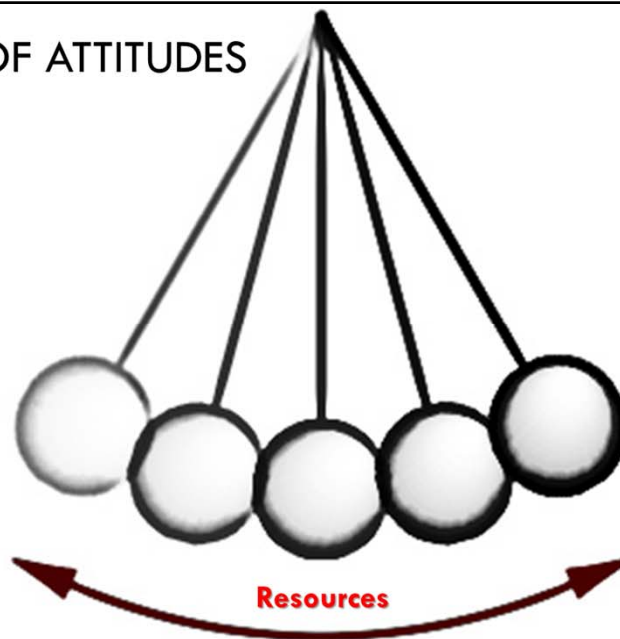
Arthur Woodard (2015)

SPECTRUM OF ATTITUDES

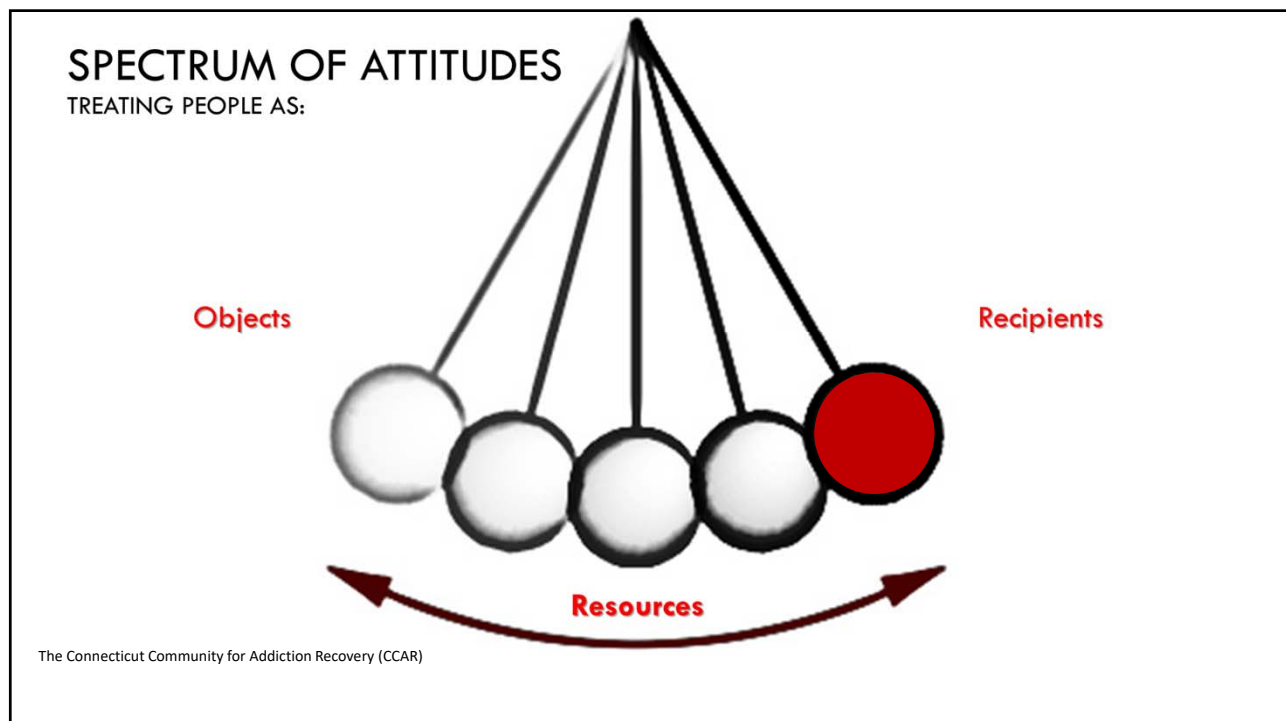
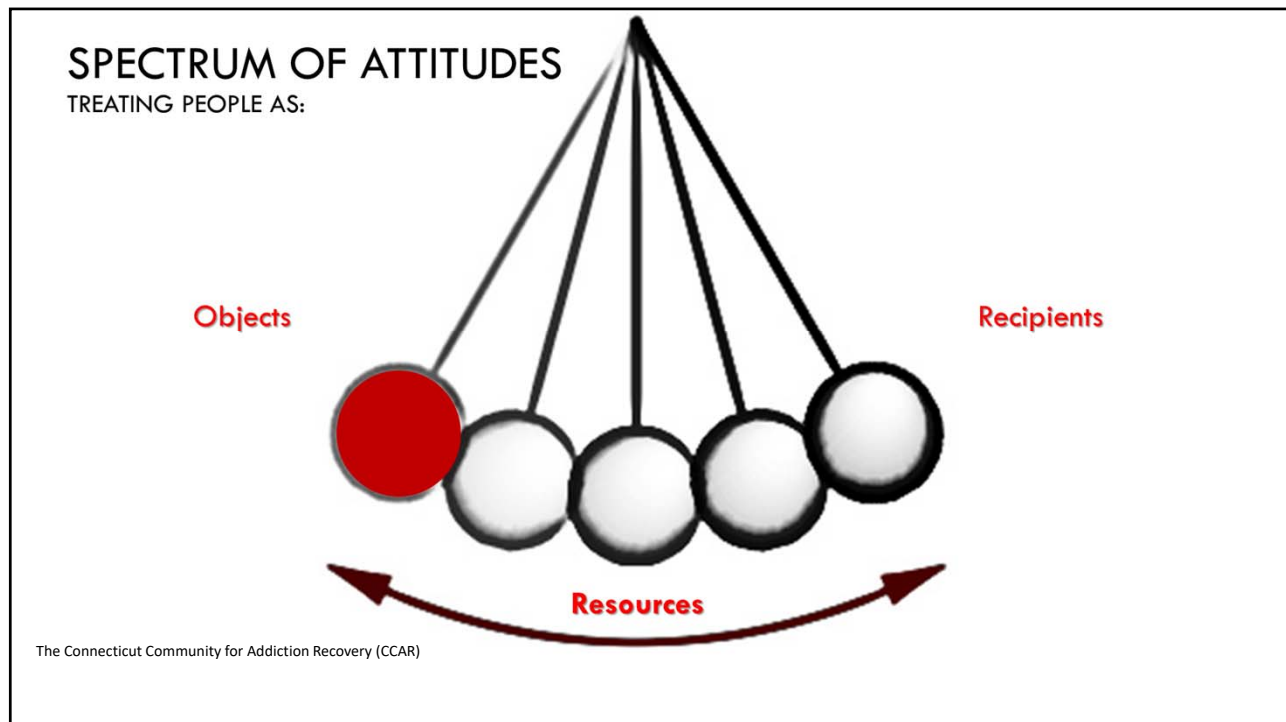
TREATING PEOPLE AS:

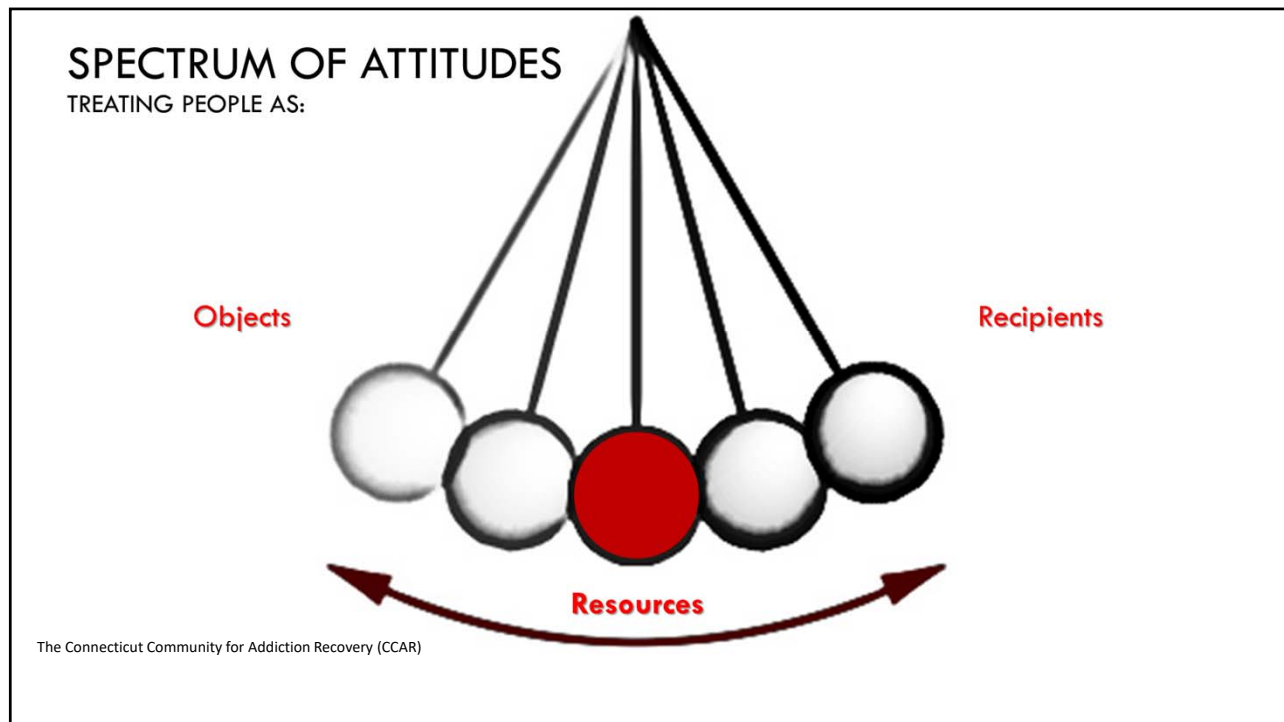
Objects

Recipients



The Connecticut Community for Addiction Recovery (CCAR)






“Individuals who received recovery support services improved from their initial levels of substance use and also **improved in comparison** to those who did not receive such services.”

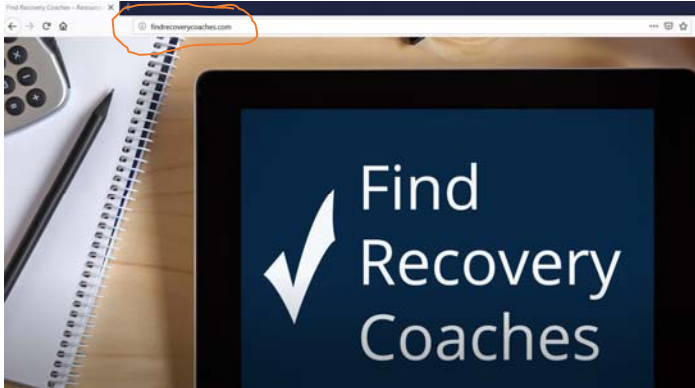
[Bassuk, E. L., Hanson, J., Greene, R. N., Richard, M., & Laudet, A. \(2016\). Peer-Delivered Recovery Support Services for Addictions in the United States: A Systematic Review. J Subst Abuse Treat, 63, 1-9. doi:10.1016/j.jsat.2016.01.003](#)

Resources Available



ches.com

GET LISTED IN OUR NATIONAL DIRECTORY



Recovery Professionals

Find Recovery Coaches is evaluating the current landscape for recovery professionals. Your input will help inform best practices around recovery coaching. You also have the opportunity to join a growing directory of recovery professionals.

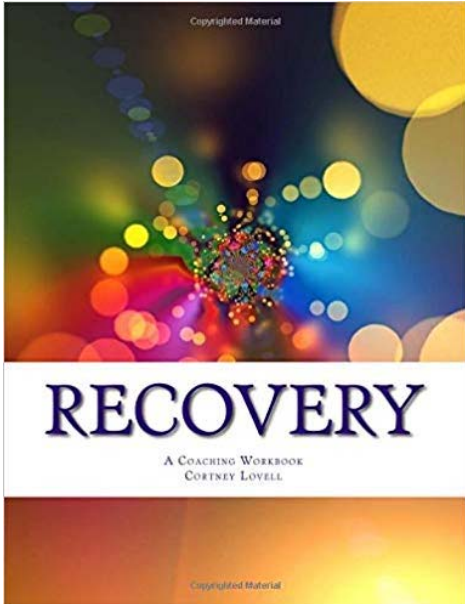
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Email address *

First Name *

Last Name *

Resources Available



RECOVERY WELLNESS COACHING PLAN

Wellness Area:

What is my goal?

Why is this my goal?

What are my action steps?

What are my resources?

When do I want to reach my goal by?

Other Thoughts:

Suggested Wellness Areas:

Overall Recovery & Wellness	Physical
Spiritual / Purpose	Financial
Emotional	Continuing Education
Community / Connection	Living Environment
Family / Relationship	Recreational / Hobby
Job / Career	Other

