

# e-Distance Learning



Department  
of Health

Office of  
Public Health  
Practice

August 2019

**Welcome** to the **August 2019** New York State Department of Health's e-Distance Learning Newsletter.

**In this issue, you will find** dates & times for upcoming live trainings, webcasts, webinars, on demand webcasts, and on demand webinars, many available on the [www.NYlearnsPH.com](http://www.NYlearnsPH.com) Learning Management System (LMS). If you have questions or issues accessing the LMS, or if you need assistance enrolling in any of the programs, please contact the NYSDOH Office of Public Health Practice at [edlearn@health.ny.gov](mailto:edlearn@health.ny.gov).

Check back next month. Some Live Webinars will appear as enduring material in the LMS.

Calendar List of Live Events	Provider	Air Date	Air Time	LMS Course #	Page
Breastfeeding Grand Rounds 2019: Breastfeeding Recommendations for Women Impacted by Opioid Use Disorder and Infants with Neonatal Abstinence Syndrome	UAlbany SPH	1-August	8:30-10:30am	<a href="#">UASPH-BFGR20190801</a>	2
The Practical Playbook II: Building Multisector Partnerships that Work	Bridging Collab.	5-August	12-1pm	LIVE WEBINAR	3
Policy Engagement: An Essential Role for Public Health Agencies in Public Health 3.0	Reg2 PHTC	6-August	12-1pm	<a href="#">Reg2PHTC-L2L20190806</a>	3
Childhood Obesity: Simulating the Impacts of Policy Interventions	Reg IV PHTC	12-August	12-1:30pm	LIVE WEBINAR	3
Improving Health Equity Through Rural Economic Development	County Health Rankings & Roadmaps	13-August	3-4pm	LIVE WEBINAR	4
Innovation and Creation in Recovery: The Growing Field of Recovery Science	IRETA	14-August	2-3pm	LIVE WEBINAR	4
Connected and Engaged: Community Outreach Strategies for Transportation	America Walks	14-August	2-3pm	LIVE WEBINAR	4
Learning about Positive Youth Development: A Free & Fun Course for Youth Work Professionals	Dibble Institute	14-August	4-5pm	LIVE WEBINAR	5

OnDemand Courses listed on Page 2

ON DEMAND	Provider	Format		LMS Course #	Page
OnDemand Webinars from July 2019	-	OnDemand	-	See pages 5-6	5-6
Strategic Skills Training Series	Reg2PHTC	Online Courses	—	See page 7	7
Public Health and Climate Change Webinar Series from NYSDOH & Reg2PHTC	Reg2PHTC	Online Courses	—	See page 8	8
Measuring Health Disparities Course from Michigan Public Health Training Center	MPHTC	Online Course	—	<a href="#">MPHTC-Disparities</a>	9
Region2PHTC Series: Strategies to Advance Health Equity Modules & Mental Emotional Behavioral & PH Webinars	Reg2PHTC	Online Courses	—	See page 10	10
2018 Versions of Mandated Continuing Education Programs for Public Health Nurse 2 (PHN2) & Supervising Public Health Nurse (SPHN)	NYSDOH	OnDemand	-	-	11

UASPH-BFGR20190801

**Breastfeeding Grand Rounds 2019**  
**Breastfeeding Recommendations for Women Impacted by Opioid Use Disorder and Infants with Neonatal Abstinence Syndrome**

**Thursday, August 1, 2019**

**8:30-10:30am**

**Provider:** University at Albany SPH

[To view the live webinar, please register here](#)

To view the webinar recording at a later date, Enroll in the LMS course: [UASPH-BFGR20190801](#)

The prevalence of Opioid Use Disorder (OUD) among pregnant women and neonatal abstinence syndrome (NAS) by infants have been rising with the increasing severity of the opioid crisis. Improving the identification and treatment of pregnant women with OUD and the care of infants with NAS (a type of withdrawal syndrome that can cause hyperirritability, feeding challenges and respiratory issues), is critically needed. When women with OUD seek medical care and support, it is an opportunity for them to receive prenatal care appropriate to their needs. Women should be made aware that breastfeeding can play a key role in the treatment of NAS by decreasing its duration and severity. Providers should understand that some women may feel ashamed to discuss their struggle with opioids or fear the consequences. This webcast will provide resources for identifying pregnant, breastfeeding, and post-partum women with OUD, strategies and tools for discussing it with them, and approaches to refer them to the most appropriate options for support and follow up.

**Program Objectives**

After watching this webcast participants will be able to:

- Summarize the impact of opioid use on maternal and infant health outcomes;
- Explain how to identify women and infants impacted by opioid use;
- Describe the importance of breastfeeding and mother-infant bonding during OUD and NAS;
- Discuss best practices to support women with OUD to successfully breastfeed their infants; and
- Identify strategies and referral practices to enhance the continuity of care and follow-up support across service areas.



LIVE WEBINAR

Improving Health Equity Through Rural Economic Development

**Tuesday, August 13, 2019**

**3-4pm**

**Provider:** County Health Rankings & Roadmaps

[To view the live webinar, please register here](#)

Join us for our latest webinar as we explore the connection between economic development and health equity through community example Klamath County, Oregon, a 2018 winner of the Robert Wood Johnson Foundation Culture of Health Prize.

You'll hear from our guests, director of the Klamath County Public Health Department **Jennifer Little** and former co-chair of the Healthy Klamath Coalition **Erin Schulten**, who will provide useful insights for rural and urban communities alike by sharing their roles in Klamath County's economic development activities, as well as their approach to resident engagement and multi-sector collaboration.

LIVE WEBINAR

Innovation and Creation in Recovery: The Growing Field of Recovery Science

**Wednesday, August 14, 2019**

**2-3pm**

**Provider:** IRETA

[To view the live webinar, please register here](#)

Recovery science has emerged over the last few years as a field concerned with examining, characterizing, and uplifting addiction and mental health recovery at the individual and community levels. This session will provide an overview of the theoretical foundations of recovery science and examine several innovations in the field over the last two years, including recovery support institutions, recovery measurement, and integrated systems.

LIVE WEBINAR

Connected and Engaged: Community Outreach Strategies for Transportation

**Wednesday, August 14, 2019**

**2-3pm**

**Provider:** America Walks

[To view the live webinar, please register here](#)

This webinar will focus on the importance of community engagement and collaboration in designing and creating walkable and movable neighborhoods for all its members. Learn how organizations and individuals can build relationships and connections for a more active and engaged future. This webinar is intended for those just starting out on the walking path as well as those interested in learning more about the topic.

Attendees of this webinar will be able to:

- Explain the importance of community participation and collaboration in transportation planning.
- Describe community outreach and engagement strategies used in transportation planning.
- Discuss city and community efforts and ways walking advocates should be engaging with topics related to this work.

LIVE WEBINAR

**Learning about Positive Youth Development:  
A Free & Fun Course for Youth Work Professionals**

**Wednesday, August 14, 2019**

**4-5pm**

**Provider:** Dibble Institute

[To view the live webinar, please register here](#)

What does positive youth development mean to us? We may think about competencies, opportunities, and supports young people need to thrive and make healthy decisions. We may think about youth voice and leadership. In this webinar co-creator Jutta Dotterweich will provide a guided tour of a new, interactive online training course on positive youth development. This free resource consists of six, stand-alone segments, which were developed with a wide range of audiences in mind (e.g., volunteers, parents, frontline youth workers).

Join us to learn about this free, engaging, and informative online resource!

Objectives: Specifically, webinar attendees will be able to:

1. Identify at least three key principles of positive youth development
2. Describe meaningful roles for young people
3. Locate web resources that they can apply in their youth programming

Presenter: Jutta Dotterweich, M.A. Director of Training, ACT for Youth Center of Excellence. Who should attend: Youth-serving professionals in the field of Adolescent Health and Youth Development, relationship skills educators, community-based youth workers, family life educators, health educators, high school counselors/teachers, adolescent development researchers, Extension professionals, anyone interested in improving outcomes for youth.

**New OnDemand Webinars from July 2019  
Available on the NYLearnsPH.com LMS**

Reg2PHTC-201907

**Combating the Opioid Crisis with Audience-Centric Communications Strategies**

**Originally Aired July 9, 2019**

**Provider:** Region 2 Public Health Training Center

Enroll in the LMS course: [Reg2PHTC-L2L201907](#)

**Presenter:** Sophia Lerdahl, Group Management Director, Substance Programs Rescue: The Behavior Change Agency

Join the Region 2 Public Health Training Center for their July Log-in2Learn live webinar. Participants will learn about effective communication strategies in combating the opioid crisis from Sophia Lerdahl, Group Management Director at Rescue: The Behavior Change Agency.

After the webinar, participants will be able to:

- Describe audience knowledge, attitudes, and beliefs around the risks of prescription opioids;
- Develop messaging models that build knowledge in a logical, audience-centric sequence;
- Identify communications strategies to reduce risky management of prescription opioids

RN-20190711

**Experimenting, Learning, and Moving to a World Without Violence:  
An Introduction to the Resonance Network**

**Originally Aired July 11, 2019**

**Provider:** Resonance Network

[To view the live webinar, please register here](#)

Enroll in the LMS course: [RN-20190711](#)

Creating a world without violence requires leaders, communities, and institutions to act on values rooted in interdependence and love. Join this first session of a new web conference series from Resonance Network, a community of practice committed to transformative movement making to end violence, and PreventConnect. Learn about Resonance Network's values, purpose, and ongoing work, including the Innovation Lab. Guests will explore how they have been energized through storytelling and art, engage in healing justice work, and shift state coalitions to an emerging worldview.

**LEARNING OBJECTIVES:**

- Describe the Resonance Network and the impact of storytelling and art on creating thriving, just, and accountable communities
- Identify examples of intersectional organizing that interrupts root causes, conditions, and institutions of violence
- Discuss opportunities for connection and collective action

CDC-PHGR20170321

**Emerging Tickborne Diseases**

**Originally Aired July 16, 2019**

**Provider:** Centers for Disease Control & Prevention

Enroll in the LMS course: [CDC-PHGR20170321](#)

*Originally presented on Tuesday, March 21, 2017.*

Infections from tickborne diseases in the US are steadily increasing — and new tickborne diseases have been discovered in recent years. Ticks are vectors that can carry infectious agents such as bacteria, viruses, or parasites. When an infected tick bites a person or an animal, the tick's saliva transmits infectious agents that can cause illness. Some ticks can transmit multiple diseases. These "co-infections" pose challenges for diagnosing, treating and preventing tickborne diseases.

The geographic ranges of ticks also are expanding. Ticks differ in their tolerance to heat, cold and aridity, making certain tick species more common than others in any given location in the United States. Different species transmit different diseases and this leads to differences in incidence of tickborne diseases by geographic region in the US.

In this session of Public Health Grand Rounds experts discuss emerging tickborne diseases, treatment options, prevention strategies, and advances in diagnosing tickborne diseases.



## Four **NEW** Courses from Region 2 Public Health Training Center Strategic Skills Training Series

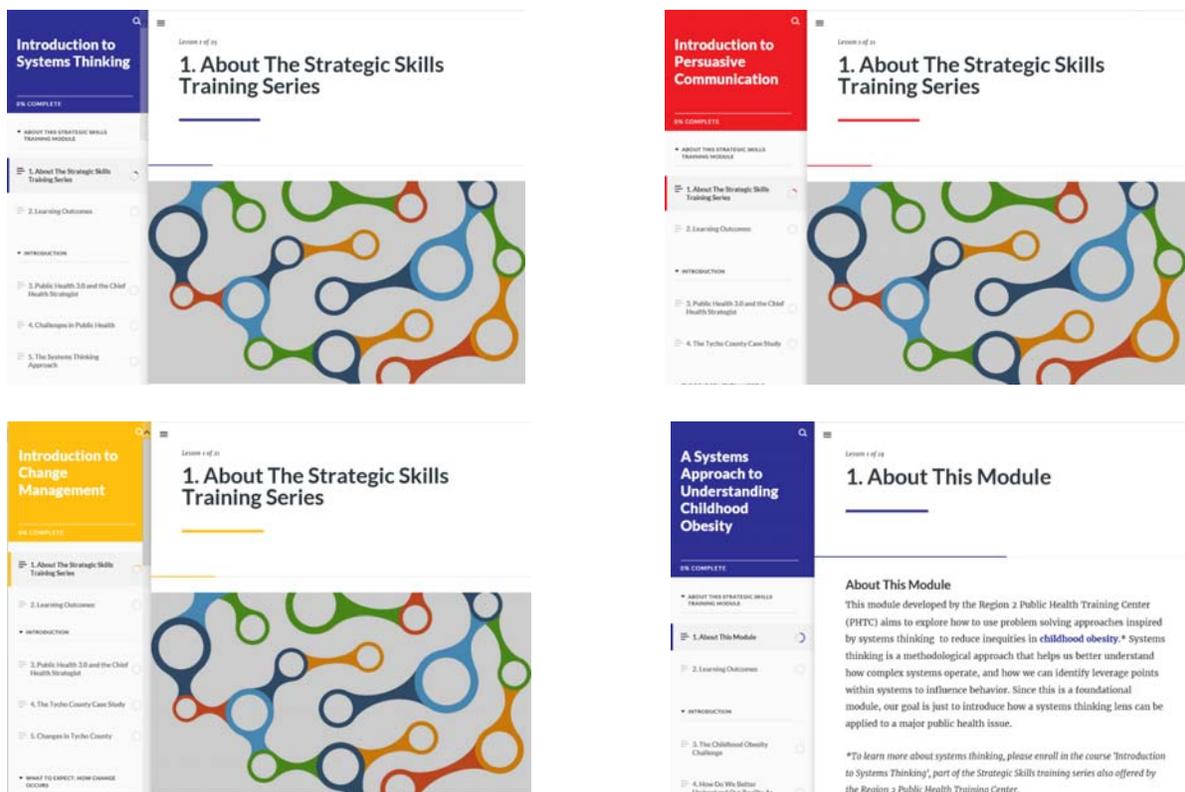
The Strategic Skills Training Series developed by the Region 2 PHTC aims to help prepare public health practitioners to develop the practices and competencies associated with being a Chief Health Strategist. The modules in this series use the community health improvement planning process to introduce you to the basics of the following four strategic skills areas. This first set of modules have been developed at an introductory level; the next parts of the series will build on these foundational modules.

[Reg2PHTC-Systems Thinking](#) - Strategic Skills Training Series: Introduction to Systems Thinking

[Reg2PHTC-Persuasive Communication](#) - Strategic Skills Training Series: Introduction to Persuasive Communication

[Reg2PHTC-Change Management](#) - Strategic Skills Training Series: Introduction to Change Management

[Reg2PHTC-Childhood Obesity](#) - A Systems Approach to Understanding Childhood Obesity



## CLIMATE AND HEALTH COURSES

The **Climate and Health Team** at the New York State Department of Health has developed two new courses to describe the adverse health effects climate can have on health and to prepare public health leaders in the field. As climate change becomes more apparent, extreme weather events and natural disasters are expected to increase in size and intensity. It is crucial that public health leaders are prepared for the impacts climate change may have on their programs and the people they serve.

“**Heat and Health in New York State**” is intended to educate social service providers and community leaders in preventing heat's adverse health effects among vulnerable populations. “**WIC and Climate Change in New York State**” describes the impacts of climate change and what it may mean for WIC programs. Both courses provide evidence of the climate changing, how people may be affected, and resources or mitigation strategies in response to the changing climate.

**Visit the course pages to learn more.**

**Heat and Health in New York State** Enroll in LMS: [NYSDOH-Climate1](#)

**WIC and Climate Change in New York State** Enroll in LMS: [NYSDOH-Climate2](#)

## PUBLIC HEALTH AND CLIMATE CHANGE WEBINAR SERIES

### **Prerequisite: Climate Change and Public Health 101 - Northeast Edition**

20 minute online course! This course focuses on the public health impacts from climate change that are of most concern to the Northeast and what local health departments can do to mitigate and prevent them.

Enroll in LMS: [BRACE-Climate101](#)

### **Webinar 1 - NYS Department of Health: Climate & Health Profile** (Originally Aired March 30, 2016)

Presenter: Asante Shipp Hilts

The webinar will describe the changing NYS climate, climate-related health impacts, vulnerable populations, methods for assessing vulnerability, challenges and opportunities, existing NYS initiatives and collaborations, and implementation of the NYSDOH Climate and Health Strategic Map.

Enroll in LMS: [Reg2PHTC-Climate1](#)

### **Webinar 2 - Climate & Health Research in NYS / Hazard Vulnerability Analysis Process in IL** (Originally Aired April 13, 2016)

Presenters: Dr. Shao Lin, University at Albany, School of Public Health; Elena Grossman, University of Illinois at Chicago, BRACE-Illinois Project

Enroll in LMS: [Reg2PHTC-Climate2](#)

### **Webinar 3 - Ahmedabad Heat Action Plan – Improving city resilience against extreme heatwave** (Originally Aired April 19, 2016)

Presenter: Dr. Partha Sarthi Ganguly, Indian Institute of Public Health, Gandhinagar, Climate Health Initiatives

Enroll in LMS: [Reg2PHTC-Climate3](#)



**MICHIGAN PUBLIC HEALTH  
TRAINING CENTER**  
UNIVERSITY OF MICHIGAN

## **MEASURING HEALTH DISPARITIES**

This interactive course focuses on some basic issues for public health practice - how to understand, define and measure health disparity. We examine the language of health disparity to come to some common understanding of what that term means, explain key measures of health disparity and show how to calculate them. The course provides a durable tool that is useful to daily activities in the practice of public health.

This training was originally released in 2005. Given its success as a foundational resource, updates were made in 2017 for this **improved, web-based version**.

### **Audience**

The course is designed to be accessible to a broad audience of practitioners across all sectors of the public health and related workforce who are concerned about the issue of health disparity. Parts III and IV are more technical; although not required, it is helpful to have a background in statistics, epidemiology, or other related sciences for ease of understanding these sections.

### **Learning Objectives**

By the end of the first content section (which includes Part I What are Health Disparities? and Part II Issues in Measuring Health Disparities), you will be able to:

- Identify the dimensions of health disparity as described in Healthy People 2020
- List three definitions of health disparity
- Interpret health disparity in graphical representations of data
- Explain relative and absolute disparity
- Describe how reference groups can affect disparity measurement

By the end of the second content section (which includes Part III Measures of Health Disparities and Part IV Analytic Steps in Measuring Health Disparity), you will be able to:

- Describe at least three complex measures of health disparities
- List strengths and weaknesses of at least three health disparity measures
- Summarize the analytic steps in measuring health disparity

### **What this means for you:**

Anyone can participate in this course at no cost. Continuing education credits are available for \$9 and only available to those who have not already completed the original version of the course.

### **3.0 Nursing Contact Hours**

### **3.0 CHES Category I CECH**

### **Certificate of Completion**

The Michigan Public Health Training Center at the University of Michigan School of Public Health is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation. Nursing contact hours expire March 31, 2019.

The Michigan Public Health Training Center is a designated provider (ID# 99038) of continuing education contact hours (CECH) in health education by the National Commission for Health Education Credentialing, Inc.

**Enroll in the LMS course: [MPHTC-Disparities](#)**



**region2**  
public health training center

**Strategies to Advance Health Equity Module Series**

Strategies to Advance Health Equity: How Health Departments Can Promote Living Wages	Enroll in LMS course: <a href="#">Reg2PHTC-AdvHealthEq1</a>
Strategies to Advance Health Equity: Understanding and Influencing Corporate Practices of Alcohol, Tobacco, and Food and Beverage Industries to Promote Health	Enroll in LMS course: <a href="#">Reg2PHTC-AdvHealthEq2</a>
Strategies to Advance Health Equity: How Health Departments Can Protect the Health of Immigrants	Enroll in LMS course: <a href="#">Reg2PHTC-AdvHealthEq3</a>
Strategies to Advance Health Equity: How Health Departments Can Use Countermarketing to Address Tobacco, Alcohol and Unhealthy Food	Enroll in LMS course: <a href="#">Reg2PHTC-AdvHealthEq4</a>
Strategies to Advance Health Equity: How Health Departments Can Grow a Healthy Public Food Sector	Enroll in LMS course: <a href="#">Reg2PHTC-AdvHealthEq5</a>
Strategies to Advance Health Equity: State and Local Health Departments Role in Improving Food Access among Immigrants	Enroll in LMS course: <a href="#">Reg2PHTC-AdvHealthEq6</a>

**Mental Emotional Behavioral and Public Health Webinar Series**

Public Health Approaches to Mental Health Literacy	Enroll in LMS: <a href="#">Reg2PHTC-MEBH1</a>
Family Engagement Tools to Help Support Individuals with Behavioral Health Needs	Enroll in LMS: <a href="#">Reg2PHTC-MEBH2</a>
Adverse Childhood Experiences (ACE) Research & Implications: Interview	Enroll in LMS: <a href="#">Reg2PHTC-MEBH3</a>
Role of Behavioral Health in Medicaid Managed Care	Enroll in LMS: <a href="#">Reg2PHTC-MEBH4</a>

## ATTENTION LOCAL HEALTH DEPARTMENT (LHD) STAFF

2018 Versions of Mandated Continuing Education for Staff in the following titles:

- **Public Health Nurse 2 (PHN2)**
- **Supervising Public Health Nurse (SPHN)**

**BACKGROUND:** The New York State Sanitary Code requires all staff hired, to the above titles, after August 20, 2008 must complete 15 credits of continuing education within the first year of employment. In 2008, Continuing Education (CE) Programs were developed to meet the continuing education requirement for these three titles, free of charge. The CE Programs for these titles were recently revised to provide updated course content.

**These NEW Continuing Education (CE) Programs for 2018** replace all previous versions. If you were hired under one of these titles after August 20, 2008 –AND– have not yet completed the CE Programs for your title, then you will need to enroll in and complete the ALL NEW 2018 version of the programs.

**Visit:** <https://www.nylearnsph.com/Public/Catalog/program.aspx>

### FREQUENTLY ASKED QUESTIONS (FAQs)

**Q: What if I am currently enrolled in Continuing Education (CE) Programs for PHEd, PHN2 and/or SPHN Titles?**

**A: You can contact LMS Administration at [edlearn@health.ny.gov](mailto:edlearn@health.ny.gov) or call 518-473-4223 and speak with Tom Reizes who can review your progress /status in the program.**

**Q: Why have a new version of the CE Programs?**

**A: CE Programs have been updated to include new courses that have been developed to better address the professional competency standards, address outdated content and meet the needs of staff new to the title in question.**

**Q: Will there be over-lap in the coursework required by the old and new CE Programs? If yes, will I receive credit for common courses that I have already completed?**

**A: Yes, in some cases there will be overlap. For any courses that are common to both the old and newer versions of a CE Program in question your enrollment /completion status will be maintained.**

**If you have any other questions regarding either of these CE Programs how to complete a program; if you having difficulty enrolling in and/or completing existing programs or any courses included within the programs, please email: [edlearn@health.ny.gov](mailto:edlearn@health.ny.gov) or call 518-473-4223 and speak with Tom Reizes or Abbey Greenbaum.**