

# e-Distance Learning



Department of Health

Office of Public Health Practice

February 2020

**Welcome** to the **February 2020** New York State Department of Health's e-Distance Learning Newsletter.

**In this issue, you will find** dates & times for upcoming live trainings, webcasts, webinars, on demand webcasts, and on demand webinars, many available on the [www.NYlearnsPH.com](http://www.NYlearnsPH.com) Learning Management System (LMS). If you have questions or issues accessing the LMS, or if you need assistance enrolling in any of the programs, please contact the NYSDOH Office of Public Health Practice at [edlearn@health.ny.gov](mailto:edlearn@health.ny.gov).

Check back next month. Some Live Webinars will appear as enduring material in the LMS.

Calendar List of Live Events	Provider	Air Date	Air Time	LMS Course #	Page
Harm Reduction Webinar	DFA	29-Jan	8-9pm	LIVE EVENT	2
HHS Guide for Clinicians on the Appropriate Dosage Reduction or Discontinuation of Long-Term Opioid Analgesics	CDC	30-Jan	2-3pm	LIVE EVENT	2
Understanding Substance Use Disorders and Addiction: A Public Health Perspective	ADPH	4-Feb	10am-1pm	<a href="#">ADPH-20200204</a>	2
Log-in2Learn Taking Intelligent Risks: Leading Change that Works	Reg2PHTC	4-Feb	12-1pm	<a href="#">Reg2PHTC-L2L202002</a>	3
Walkability for All: Putting Equity into Practice	America Walks	12-Feb	2-3pm	LIVE EVENT	3
SAVE THE DATE Public Health Live! The Importance of Brain Health: From Policy to Practice	UAlbany SPH	20-Feb	9-10am	<a href="#">UASPH-PHL20200220</a>	3
ON DEMAND	Provider	Format		LMS Course #	Page
OnDemand Webinars from January 2020	Varied	OnDemand	-	See page 4	4
3 Policy Courses from CDC (Address PHWINS needs)	CDC	Online Courses	-	See page 5	5
Strategic Skills Training Series	Reg2PHTC	Online Courses	-	See page 6	6
Public Health and Climate Change Webinar Series from NYSDOH & Reg2PHTC	Reg2PHTC	Online Courses	-	See page 7	7
Measuring Health Disparities Course from Michigan Public Health Training Center	RVPHTC	Online Course	-	<a href="#">RVPHTC-Disparities</a>	8
Region2PHTC Series: Strategies to Advance Health Equity Modules & Mental Emotional Behavioral & PH Webinars	Reg2PHTC	Online Courses	-	See page 9	9
Mandated Continuing Education Programs for Public Health Nurse 2 (PHN2) & Supervising Public Health Nurse (SPHN)	NYSDOH	OnDemand	-	-	10

LIVE WEBINAR

DFA Harm Reduction Webinar

**Wednesday, January 29, 2020**

**8-9pm**

**Provider:** Doctors for America

[To view the live webinar, please register here](#)

Substance use disorder is a chronic medical illness and should be treated as such. Harm Reduction is an evidence-based framework that seeks to reduce the morbidity and mortality associated with substance use disorders. It utilizes social policies and practices intended to reduce the negative effect, through respecting the social determinants of health-- such as education, adverse childhood experiences, physical and social environment, employment, and sex-based discrimination-- that often play large roles in the disease of addiction

LIVE WEBINAR

HHS Guide for Clinicians on the Appropriate Dosage Reduction or Discontinuation of Long-Term Opioid Analgesics

**Thursday, January 30, 2020**

**2-3pm**

**Provider:** Centers for Disease Control & Prevention

[To view the live webinar, please register here](#)

During this COCA Call, presenters will discuss the HHS guide and the advice it provides to clinicians who are contemplating or initiating a reduction in opioid dosage or discontinuation of long-term opioid therapy for a patient with chronic pain.

At the conclusion of the session, the participant will be able to accomplish the following—

1. Cite background information on the topic covered during the presentation.
2. Discuss CDC's role in the topic covered during the presentation.
3. Describe the topic's implications for clinicians.

ADPH-20200204

Understanding Substance Use Disorders and Addiction: A Public Health Perspective

**Tuesday, February 4, 2020**

**10am-1pm**

**Provider:** Alabama Department of Public Health

[To view the live webinar, please register here](#)

To view the webinar recording at a later date, Enroll in the LMS course: [ADPH-20200204](#)

As public health professionals our core functions of assessment, policy development and assurance are critical in addressing the opioid epidemic as the leading public health crisis today. In this training, designed specifically for Public Health professionals, participants will have the opportunity to explore Substance Use Disorders (SUD) and the current opioid epidemic through a Public Health lens.

Reg2PHTC-202002

Log-in2Learn

Taking Intelligent Risks: Leading Change that Works

Tuesday, February 4, 2020

12-1pm

**Provider:** Region 2 Public Health Training Center

[To view the live webinar, please register here](#)

To view the webinar recording at a later date, Enroll in the LMS course: [Reg2PHTC-L2L202002](#)



Learning Objectives

- Define what "change" means to you, your team, and your organization
- Identify key barriers to effective change
- Identify key strategies to improving effective change and transformation, on a large or small scale
- Recognize the benefits of managing change effectively

This program has been approved for 1.0 Category I Continuing Education Credit for CHES/MCHES by the Rutgers School of Public Health. The Rutgers School of Public Health is a certified CHES/MCHES provider by the National Commission for Health Education Credentialing, Inc.

This program has been approved for 1.0 Certified in Public Health (CPH) credit by the Region 2 Public Health Training Center. The Region 2 Public Health Training Center is a certified CPH provider by the National Board of Public Health Examiners.

LIVE WEBINAR

Walkability for All: Putting Equity into Practice

Wednesday, February 12, 2020

2-3pm

**Provider:** America Walks

[To view the live webinar, please register here](#)

How do we move beyond talking about equity to building equitable communities? Join us for the webinar **Walkability for All: Putting Equity into Practice** on February 12, 2020 at 2pm Eastern, 11am Pacific where we'll explore ways individuals and organizations are taking action to create walkable and movable communities for all people. This webinar is intended for those just starting out on the walking path as well as those interested in learning more about the topic.

UASPH-PHL20200220

Public Health Live!

Caregiver and Patient Health in Alzheimer's Disease Policy and Systems Change

Thursday, February 20, 2020

9-10am

**Provider:** UAlbany School of Public Health

[To view the live webinar, please register here](#)

To view the webinar recording at a later date, Enroll in the LMS course: [UASPH-PHL20200220](#)



The population of people identified with Alzheimer's disease or another dementia is rapidly growing, as is the need for caregivers to support them. The burden of caregiving can exacerbate health challenges caregivers will normally face, particularly as the disease in those they care for decline and needs increase. In this webcast, viewers will receive information on maintaining the health of those with dementia *and* their caregivers and on the policies and systems that necessary to support this care, including the value of early diagnosis, activities for maintaining good health, and supports for caregivers. In order to ensure that providers in clinical, community and religious institutions understand the needs in this burgeoning epidemic of Alzheimers Disease, the discussion will focus on the imperative to "create policies and systems that enable caregivers to perform their duties without compromising their own health and economic well-being"(Hoffman, Aging Science & Mental Health Studies, Aug 2019).

New OnDemand Webinars from January 2020  
Available on the NYLearnsPH.com LMS

Reg2PHTC-L2L202001

**Log-In 2 Learn - Plain Language:  
What is it? Why does it matter to health? How can you use it to advance health equity?**

**January 7, 2020**

**Provider:** Region2 PHTC

Enroll in the LMS course:

[Reg2PHTC-L2L202001](#)



**Presenter:** Gretchen Van Wye, PhD, MA, Assistant Commissioner & Registrar, Bureau of Vital Statistics, NYC Department of Health and Mental Hygiene

Join the Region 2 Public Health Training Center for their January Log-in2Learn live webinar. Participants will learn about the importance of using plain language and it's use for ensuring health equity from Gretchen Van Wye, PhD, MA, Assistant Commissioner & Registrar, Bureau of Vital Statistics, NYC Department of Health and Mental Hygiene.

After the webinar, participants will be able to:

- Identify language that makes comprehension difficult for readers
- Apply basic strategies to make communication more clear
- Connect to additional resources to advance their understanding of plain language.

UASPH-PHL20200116

**Public Health Live!**

**Strengthening Vaccine Confidence in Pediatric Practice**

**January 16, 2020**

**Provider:** UAlbany SPH

Enroll in the LMS course: [UASPH-PHL20200116](#)

**Speaker:**

**Jesse Hackell, MD FAAP**

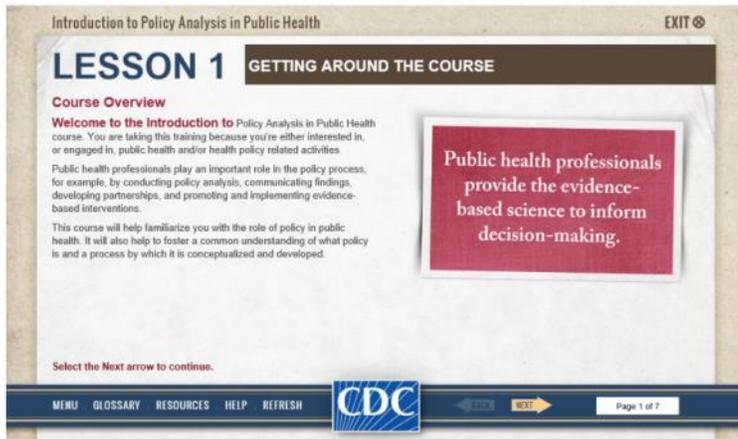
Pediatrician, Pomona Pediatrics, A Division of Boston Children's Health Physicians

Vice President, Chapter 3, New York State District, American Academy of Pediatrics  
Pomona, New York

Vaccine hesitancy has led to decreased vaccination rates and increased incidence of vaccine preventable diseases across the world. This increased threat to public health has led the World Health Organization to declare vaccine hesitancy as one of the top 10 threats to public health worldwide. Decreased MMR (measles, mumps, rubella) vaccination rates in certain areas of New York State also led to the largest measles outbreak the state has seen since the 1990's. Research has shown that there is often a disconnect between the perception providers have about parent hesitancy and their actual level of concern. A strong provider recommendation and proper communication techniques can help close this gap. This webcast will review the safety and efficacy of vaccines and discuss common parent concerns regarding vaccines, as well as the importance of a strong provider recommendation and basic techniques to address parent concerns.

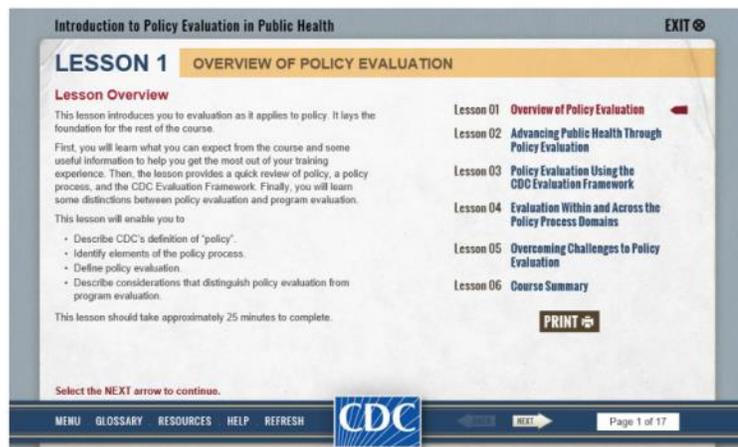
## Centers for Disease Control & Prevention (CDC)

# Want to learn about policy? Here are three Policy Courses designed to meet NYS Training Needs identified by *PH-WINS*



### Introduction to Policy Analysis in Public Health [CDC-PolAnalysis](#)

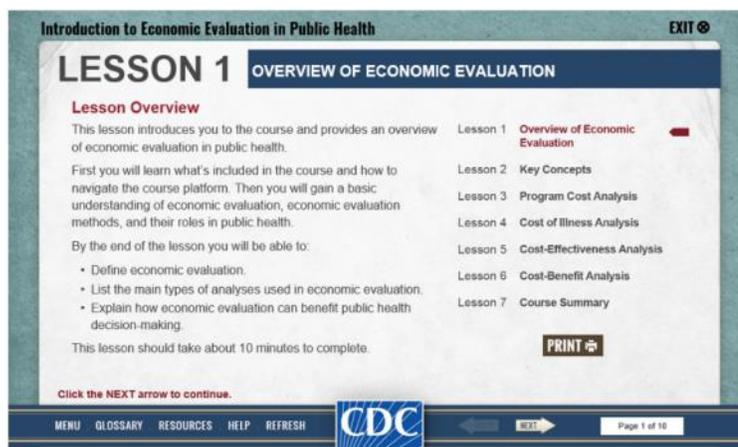
The 90-minute *Introduction to Policy Analysis in Public Health* course, designed for public health practitioners, introduces the learner to the CDC policy process and provides specific instruction on the policy analysis component of the process. Instructional content will result in the learner having a better understanding of what policy analysis is, its use in proactively assessing policy options under consideration, and how it can contribute to public health's role in policy.



### Introduction to Policy Evaluation in Public Health [CDC-PolEval](#)

The two-hour online *Introduction to Policy Evaluation in Public Health* course, designed for public health practitioners, introduces the learner to the use of policy evaluation in public health and provides specific instruction on applying evaluation methods throughout a policy process. Instructional content describes what “policy evaluation” is and will enable the learner to have a better understanding of how to apply the Centers for Disease Control and Prevention (CDC) Evaluation Framework to conduct an evaluation of adopted policies that may impact public health.

**Coming Soon**



### Introduction to Economic Evaluation in Public Health [CDC-EconEval](#)

The one-hour *Introduction to Economic Evaluation in Public Health* course provides a broad overview of economic evaluation methods with illustrative examples from public health. It will help the learner understand and apply economic evaluation findings to their public health work.



## Four **NEW** Courses from Region 2 Public Health Training Center Strategic Skills Training Series

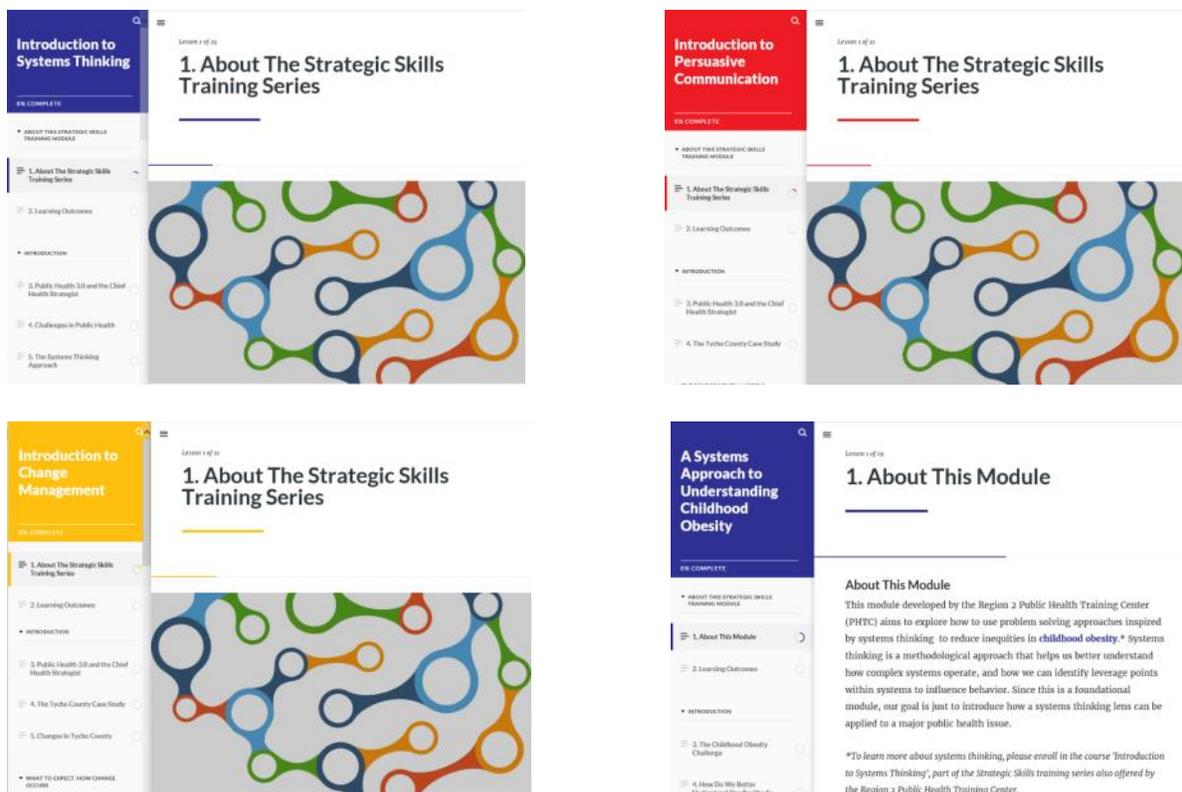
The Strategic Skills Training Series developed by the Region 2 PHTC aims to help prepare public health practitioners to develop the practices and competencies associated with being a Chief Health Strategist. The modules in this series use the community health improvement planning process to introduce you to the basics of the following four strategic skills areas. This first set of modules have been developed at an introductory level; the next parts of the series will build on these foundational modules.

[Reg2PHTC-Systems Thinking](#) - Strategic Skills Training Series: Introduction to Systems Thinking

[Reg2PHTC-Persuasive Communication](#) - Strategic Skills Training Series: Introduction to Persuasive Communication

[Reg2PHTC-Change Management](#) - Strategic Skills Training Series: Introduction to Change Management

[Reg2PHTC-Childhood Obesity](#) - A Systems Approach to Understanding Childhood Obesity



## CLIMATE AND HEALTH COURSES

The **Climate and Health Team** at the New York State Department of Health has developed two new courses to describe the adverse health effects climate can have on health and to prepare public health leaders in the field. As climate change becomes more apparent, extreme weather events and natural disasters are expected to increase in size and intensity. It is crucial that public health leaders are prepared for the impacts climate change may have on their programs and the people they serve.

“**Heat and Health in New York State**” is intended to educate social service providers and community leaders in preventing heat’s adverse health effects among vulnerable populations. “**WIC and Climate Change in New York State**” describes the impacts of climate change and what it may mean for WIC programs. Both courses provide evidence of the climate changing, how people may be affected, and resources or mitigation strategies in response to the changing climate.

**Visit the course pages to learn more.**

**Heat and Health in New York State** Enroll in LMS: [NYSDOH-Climate1](#)

**WIC and Climate Change in New York State** Enroll in LMS: [NYSDOH-Climate2](#)

## PUBLIC HEALTH AND CLIMATE CHANGE WEBINAR SERIES

### **Prerequisite: Climate Change and Public Health 101 - Northeast Edition**

20 minute online course! This course focuses on the public health impacts from climate change that are of most concern to the Northeast and what local health departments can do to mitigate and prevent them.

Enroll in LMS: [BRACE-Climate101](#)

### **Webinar 1 - NYS Department of Health: Climate & Health Profile** (Originally Aired March 30, 2016)

Presenter: Asante Shipp Hilts

The webinar will describe the changing NYS climate, climate-related health impacts, vulnerable populations, methods for assessing vulnerability, challenges and opportunities, existing NYS initiatives and collaborations, and implementation of the NYSDOH Climate and Health Strategic Map.

Enroll in LMS: [Reg2PHTC-Climate1](#)

### **Webinar 2 - Climate & Health Research in NYS / Hazard Vulnerability Analysis Process in IL** (Originally Aired April 13, 2016)

Presenters: Dr. Shao Lin, University at Albany, School of Public Health; Elena Grossman, University of Illinois at Chicago, BRACE-Illinois Project

Enroll in LMS: [Reg2PHTC-Climate2](#)

### **Webinar 3 - Ahmedabad Heat Action Plan – Improving city resilience against extreme heatwave** (Originally Aired April 19, 2016)

Presenter: Dr. Partha Sarthi Ganguly, Indian Institute of Public Health, Gandhinagar, Climate Health Initiatives

Enroll in LMS: [Reg2PHTC-Climate3](#)



## MEASURING HEALTH DISPARITIES

This interactive course focuses on some basic issues for public health practice - how to understand, define and measure health disparity. We examine the language of health disparity to come to some common understanding of what that term means, explain key measures of health disparity and show how to calculate them. The course provides a durable tool that is useful to daily activities in the practice of public health.

This training was originally released in 2005. Given its success as a foundational resource, updates were made in 2017 for this **improved, web-based version**.

### Audience

The course is designed to be accessible to a broad audience of practitioners across all sectors of the public health and related workforce who are concerned about the issue of health disparity. Parts III and IV are more technical; although not required, it is helpful to have a background in statistics, epidemiology, or other related sciences for ease of understanding these sections.

### Learning Objectives

By the end of the first content section (which includes Part I What are Health Disparities? and Part II Issues in Measuring Health Disparities), you will be able to:

- Identify the dimensions of health disparity as described in Healthy People 2020
- List three definitions of health disparity
- Interpret health disparity in graphical representations of data
- Explain relative and absolute disparity
- Describe how reference groups can affect disparity measurement

By the end of the second content section (which includes Part III Measures of Health Disparities and Part IV Analytic Steps in Measuring Health Disparity), you will be able to:

- Describe at least three complex measures of health disparities
- List strengths and weaknesses of at least three health disparity measures
- Summarize the analytic steps in measuring health disparity

### What this means for you:

Anyone can participate in this course at no cost. Continuing education credits are available for \$9 and only available to those who have not already completed the original version of the course.

### 3.0 Nursing Contact Hours

### 3.0 CHES Category I CECH

### Certificate of Completion

The Michigan Public Health Training Center at the University of Michigan School of Public Health is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation. Nursing contact hours expire March 31, 2019.

The Michigan Public Health Training Center is a designated provider (ID# 99038) of continuing education contact hours (CECH) in health education by the National Commission for Health Education Credentialing, Inc.

**Enroll in the LMS course: [RVPHTC-Disparities](#)**



**region2**  
public health training center

**Strategies to Advance Health Equity Module Series**

Strategies to Advance Health Equity: How Health Departments Can Promote Living Wages	Enroll in LMS course: <a href="#">Reg2PHTC-AdvHealthEq1</a>
Strategies to Advance Health Equity: Understanding and Influencing Corporate Practices of Alcohol, Tobacco, and Food and Beverage Industries to Promote Health	Enroll in LMS course: <a href="#">Reg2PHTC-AdvHealthEq2</a>
Strategies to Advance Health Equity: How Health Departments Can Protect the Health of Immigrants	Enroll in LMS course: <a href="#">Reg2PHTC-AdvHealthEq3</a>
Strategies to Advance Health Equity: How Health Departments Can Use Countermarketing to Address Tobacco, Alcohol and Unhealthy Food	Enroll in LMS course: <a href="#">Reg2PHTC-AdvHealthEq4</a>
Strategies to Advance Health Equity: How Health Departments Can Grow a Healthy Public Food Sector	Enroll in LMS course: <a href="#">Reg2PHTC-AdvHealthEq5</a>
Strategies to Advance Health Equity: State and Local Health Departments Role in Improving Food Access among Immigrants	Enroll in LMS course: <a href="#">Reg2PHTC-AdvHealthEq6</a>

**Mental Emotional Behavioral and Public Health Webinar Series**

Public Health Approaches to Mental Health Literacy	Enroll in LMS: <a href="#">Reg2PHTC-MEBH1</a>
Family Engagement Tools to Help Support Individuals with Behavioral Health Needs	Enroll in LMS: <a href="#">Reg2PHTC-MEBH2</a>
Adverse Childhood Experiences (ACE) Research & Implications: Interview	Enroll in LMS: <a href="#">Reg2PHTC-MEBH3</a>
Role of Behavioral Health in Medicaid Managed Care	Enroll in LMS: <a href="#">Reg2PHTC-MEBH4</a>

## ATTENTION LOCAL HEALTH DEPARTMENT (LHD) STAFF

2018 Versions of Mandated Continuing Education for Staff in the following titles:

- **Public Health Nurse 2 (PHN2)**
- **Supervising Public Health Nurse (SPHN)**

**BACKGROUND:** The New York State Sanitary Code requires all staff hired, to the above titles, after August 20, 2008 must complete 15 credits of continuing education within the first year of employment. In 2008, Continuing Education (CE) Programs were developed to meet the continuing education requirement for these three titles, free of charge. The CE Programs for these titles were recently revised to provide updated course content.

**These NEW Continuing Education (CE) Programs for 2018** replace all previous versions. If you were hired under one of these titles after August 20, 2008 –AND– have not yet completed the CE Programs for your title, then you will need to enroll in and complete the ALL NEW 2018 version of the programs.

**Visit:** <https://www.nylearnsph.com/Public/Catalog/program.aspx>

### FREQUENTLY ASKED QUESTIONS (FAQs)

**Q: What if I am currently enrolled in Continuing Education (CE) Programs for PHEd, PHN2 and/or SPHN Titles?**

**A: You can contact LMS Administration at [edlearn@health.ny.gov](mailto:edlearn@health.ny.gov) or call 518-473-4223 and speak with Tom Reizes who can review your progress /status in the program.**

**Q: Why have a new version of the CE Programs?**

**A: CE Programs have been updated to include new courses that have been developed to better address the professional competency standards, address outdated content and meet the needs of staff new to the title in question.**

**Q: Will there be over-lap in the coursework required by the old and new CE Programs? If yes, will I receive credit for common courses that I have already completed?**

**A: Yes, in some cases there will be overlap. For any courses that are common to both the old and newer versions of a CE Program in question your enrollment /completion status will be maintained.**

**If you have any other questions regarding either of these CE Programs how to complete a program; if you having difficulty enrolling in and/or completing existing programs or any courses included within the programs, please email: [edlearn@health.ny.gov](mailto:edlearn@health.ny.gov) or call 518-473-4223 and speak with Tom Reizes or Abbey Greenbaum.**