

e-Distance Learning



Department
of Health

Office of
Public Health
Practice

May 2020

Welcome to the **May 2020** New York State Department of Health's e-Distance Learning Newsletter.

In this issue, you will find on demand webcasts, and on demand webinars, many available on the NYSDOH Learning Management System (LMS, www.NYlearnsPH.com). If you have questions or issues accessing the LMS, or if you need assistance enrolling in any of the programs, please contact the NYSDOH Office of Public Health Practice at edlearn@health.ny.gov. Check back next month, some Live Webinars will be on www.NYlearnsPH.com On-Demand .

	Provider		Page
New Upcoming Webinars for May 2020	Varied		1-3
COVID-19 Resources	Varied	-	4-5
ON DEMAND			
	Provider	Format	Page
New OnDemand Webinars from April 2020	CHRR	On Demand	6-7
3 Policy Courses from CDC (Address PHWINS needs)	CDC	Self-directed	8
Reg2PHTC: Strategic Skills Training Series	Reg2 PHTC	Self-directed	9
Public Health and Climate Change Courses	Reg2PHTC & NYSDOH	Self-directed	10
Spring 2020 Public Health Live! Postponed	UAlbany	-	11
New Voluntary PHEd, PHN2 and SPHN Continuing Ed programs	NYSDOH	Online Courses	11

The Science of Happiness, Health & Well-being during COVID-19

The Science of Happiness, Health & Well-being during COVID-19

Sponsored by NIHCM

Friday, May 1st, 2:00 - 3:00 p.m.

(ET) - webinar

[For more information and to register](#)

Even before COVID-19, one in five US adults reported feeling lonely or socially isolated. This pandemic, marked by increased calls for social and physical distancing, has put a spotlight on the impact of loneliness on an individual's happiness, health and well-being and has led to increased calls for strategies to mitigate its effects.

This webinar will bring together experts to provide insights on the science of well-being and how we can strengthen our own happiness during this time of physical distancing and uncertainty. Speakers will address:

The known health impacts of social isolation and loneliness, including increased risk of premature death, and immediate and long-term strategies to diminish its effects

The important role of social connection in achieving happiness and research-backed strategies for strengthening social connections

How a health plan is addressing loneliness and mental well-being for its members and communities during COVID-19

New OnDemand Webinars from April 2020

Available on the NYLearnsPH.com LMS (continued)

Log In 2 Learn: COVID-19: Where are we and where are we going?

Sponsored by Region 2 Public Health Training Center
Tuesday, May 5, 2020 12-1 p.m. (ET) - webinar
Registration: Step 1: Register for webinar [here](#)
Step 2: Join Webinar - Zoom link and call-in Information will be shared the morning of the webinar
Enroll in the LMS
Course: [Reg2PHTC-L2L202005](#)

Join the Region 2 Public Health Training Center for their May Log-in2Learn live webinar. Participants will learn about what we know about COVID-19 and where we are going in the next few months from Wafaa M. El-Sadr, MD, MPH, MPA.

After the webinar, participants will be able to:
List key milestones in the spread of COVID-19
Identify where New York City/NYS is in relation to the [Whitehouse's Guidelines for Opening Up America Again](#)
Describe what is being forecast for the next 6 months in relation to COVID-19
Recommended Reading:
[Key Milestones in the Spread of the Coronavirus Pandemic](#)
[What 5 Coronavirus Models Say the Next Month Will Look Like](#)

The 2020 Suicide Prevention Coalition Academy Webinar Series: Financial Hope, Financial Shame and Suicide

Sponsored by New York State Office of Mental Health
May 7, 2020 12:00-1:00 p.m. (ET) - webinar
[For more information and to register](#)

We are pleased to announce our next webinar of the 2020 series will be hosted by: **Oscar Jimenez-Solomon, Research Scientist with the New York State Psychiatric Institute**

Adolescent Health and Development: What Decisionmakers Need to Know

Sponsored by the National Academies of Sciences, Engineering, and Medicine
Monday, May 11th, 12:00 p.m. (ET) - webinar
[For more information and to register](#)

Research has fundamentally changed our understanding of how adolescents—young people ages 10 to 25—develop, grow, and learn. Changes in the brain occur throughout adolescence, affording young people a remarkable capacity to learn and create, adapt to changes, form relationships with peers and adults, and explore their own environments. Investments in programs and interventions that capitalize on the brain's capacity to change during adolescence can promote beneficial shifts in young people's life trajectories, helping them achieve their full potential in adulthood.

Two recent reports by the National Academies of Sciences, Engineering, and Medicine examine healthy adolescent development and recommend actions for promoting it: *The Promise of Adolescence: Realizing Opportunity for All Youth* (2019), and *Promoting Positive Adolescent Health Behaviors and Outcomes: Thriving in the 21st Century* (2020). This webinar, based on these reports, will discuss the actions decision makers at all levels can take to realize the promise of adolescence. Speakers will highlight opportunities for policymakers to promote positive adolescent development, optimize adolescent outcomes, and address the needs of this increasingly diverse population.

New OnDemand Webinars from April 2020 Available on the NYLearnsPH.com LMS (continued)

Community-Driven Health Impact Assessments

Sponsored by Region V Public Health Training Center
Wednesday, May 13, 2020 1-2 p.m. (ET) - webinar
[Register Now](#)
Enroll in the LMS
Course: [ReqVPHTC-20200513](#)

This live webinar features representatives from a local health department, community-based organization, and university who collaborated along with others to conduct a health impact assessment in Detroit, Michigan. They will share their process and findings, with an emphasis on the critical importance of partnerships in PH policy work. Learning Objectives:

- Define the concepts of Health in All Policies (HiAP) and Health Impact Assessments (HIA)
- Recognize lessons learned from an example of HiAP & HIA in practice
- Discuss the importance of partnerships between public health organizations and the community

Testing an Integrated Delivery and Financing System for Older Adults with Health and Social Needs

Sponsored by the Robert Wood Johnson Foundation Systems for Action Research Program
Wednesday, May 13th, 12:00 p.m. (ET) - webinar
[For more information and to register](#)

Addressing the social determinants of health is vital to improving individual and population health and advancing health equity. Research indicates that integrating health and social services is both necessary and cost-effective. This is especially true for the growing number of older adults who face increasing risk of multiple chronic health conditions, cognitive decline, and disability. The Community Care Connections program developed by Lifespan of Greater Rochester integrates care navigators and health care coordinators into the workflow and referral systems in health care delivery settings. These coordinators connect patients to resources, guide them across healthcare settings, and serve as their patient care advocates. The study utilizes a mixed-methods approach to assess the health, social, and economic impact of this program and examines these novel inter-organizational partnerships between social services and healthcare sectors.

The Impact of Integrating Behavioral Health with Temporary Assistance for Needy Families to Build a Culture of Health across Two-Generations

Sponsored by the Robert Wood Johnson Foundation Systems for Action Research Program
Wednesday, May 27th, 12:00 p.m. (ET) - webinar
[For more information and to register](#)

The prolonged activation of stress response systems among children responding to adversity such as homelessness, hunger, or neglect, is a predictor of poor health and continued poverty among low-income families. To study the health and economic impacts and systems implications of integrated services provided by the Pennsylvania Department of Human Services and Drexel University's Center for Hunger-Free Communities, the principal investigators are evaluating the Building Wealth and Health Network (The Network) intervention, designed to reduce health inequities by aligning Medicaid coverage for behavioral health services and Temporary Assistance for Needy Families (TANF) education and training services. This evaluation will:

- assess the effects of trauma-informed peer support built into education and training on health and economic security for participants in the Network
- identify cost savings to both TANF and Medicaid to build a case for linking these service systems; and
- engage low-income caregivers, state human services officials, and key decision-makers in identifying ways to improve support systems to promote a Culture of Health within anti-poverty programming.



NYS Department of Health COVID-19 Resources

- **The New York State Department of Health's (NYSDOH) dedicated COVID-19 Resources webpage:**
<http://coronavirus.health.ny.gov> The best place for updated case numbers, guidance, press releases, and additional information for the public and healthcare providers.
- **COVID-19 HOTLINE:** NYS DOH maintains a **Coronavirus Hotline (1-888-364-3065)** where New Yorkers with questions about the coronavirus can **speak with public health experts** in their **preferred language**.
- **MENTAL HEALTH HELPLINE:** New Yorkers can get free online mental health assistance related to COVID-19 by calling the state's hotline at **1-844-863-9314**.
- **Sign up for COVID-19 Email Updates from NYS:**
<https://now.ny.gov/page/s/coronavirus-updates>
- **Ask NYSDOH questions about COVID-19 online here:**
<https://coronavirus.health.ny.gov/form/ask-us-a-question>
- **Get info about the new COVID-19 Paid Sick Leave Law here:** <https://www.governor.ny.gov/programs/paid-sick-leave-covid-19-impacted-new-yorkers>

Resources from the U.S. Department of Health and Human Services (HHS)

These resources can be used to inform communities about the coronavirus (COVID-19):

The Centers for Disease Control and Prevention (CDC) COVID-19 webpage (<https://www.cdc.gov/coronavirus/2019-ncov/index.html>)

Spanish-language version:

Enfermedad del Coronavirus 2019 (COVID-19)

<https://espanol.cdc.gov/enes/coronavirus/2019-ncov/index.html>

Chinese-language version:

<https://chinese.cdc.gov/coronavirus/2019-ncov/index.html>

Other CDC Resources in multiple languages:

<https://www.cdc.gov/coronavirus/2019-ncov/communication/factsheets.html?>

CDC:How to reduce stigma around COVID-19:

<https://www.cdc.gov/coronavirus/2019-ncov/daily-life-coping/reducing-stigma.html?>

HRSA-funded National Network of Public Health Institutes (NNPHI) and the 10 Regional Public Health Training Centers have compiled resources related to Coronavirus (COVID-19) and emergency response. You can access those resources [here](#).

Urban Indian Health Institute (UIHI) COVID-19 Fact Sheets for Tribes and Urban Indian Communities: <https://www.uihi.org/resources/covid-19-fact-sheets-for-providers-employers-and-the-general-public/>

HHS Substance Abuse and Mental Health Services Administration (SAMHSA) COVID-19 Resources: <https://www.samhsa.gov/coronavirus>

Rural Health Information Hub's (RHIH) Rural Response to Coronavirus Disease 2019 (COVID-19): <https://www.ruralhealthinfo.org/topics/covid-19>

For the latest research on COVID-19 visit the National Institute of Health's COVID-19 webpage: <https://www.nih.gov/health-information/coronavirus>

New OnDemand Webinars from April 2020

Available on the NYLearnsPH.com LMS

Financing and Service Delivery Integration for Mental Illness and Substance Abuse

Originally Aired: April 1, 2020

Sponsored by Systems for Action
Enroll in LMS Course: [SFA-20200401](#)

Fragmentation and lack of coordination between health care delivery, public health, and community service systems represent a significant barrier to improving health, well-being, and equity. Drawing from health care, public health, social work, criminology, health economics, and biomedical informatics, the investigators are investigating system-level strategies that achieve alignment, partnership and synergy across the delivery and financing systems for medical care, public health, and social and community services, specifically by:

- using Participatory Action Research methodologies to investigate and identify gaps in how multisector services, delivery systems, and financing streams are currently aligned
- estimating and identifying redundancies, gaps, and bottle-necks in the current health system to understand the fragmented and siloed structure of health care for persons with behavioral health disorders, and
- triangulating multisector evidence regarding alignment of financing and delivery systems.

Optimizing Governmental Health and Social Spending Interactions

Originally Aired: April 15, 2020

Sponsored by Systems for Action
Enroll in LMS Course: [SFA-20200415](#)

The United States spends more money on healthcare than other developed countries while experiencing significantly worse health outcomes, indicating a need to explore health drivers other than healthcare spending. While nonmedical barriers such as lack of adequate housing, education, and transportation are known to influence well-being, how spending that addresses these social needs affects health outcomes is less clear. This study will examine total government spending across both medical care and social service sectors to characterize the impact of such spending on health outcomes and disparities. The research team will create a novel longitudinal dataset that merges medical, public health, social services, and community service governmental spending with population health outcomes. Based on U.S. Census of State and Local Governmental Finance data, this new dataset will allow researchers to examine public spending across medical, public health, social and community service sectors at both the state and county levels. Study findings will engage cross-sector stakeholders in conversations about aligning public spending to achieve better health and reduce health disparities.

Integrating Cross-Sectoral Health and Social Services for the Homeless

Originally Aired: April 29, 2020

Sponsored by Systems for Action
Enroll in LMS Course: [SFA-20200429](#)

Members of the homeless population bear greater risk than other populations for many preventable diseases but are less likely to access healthcare systems. These individuals need to be engaged by multiple systems to access services and support related not only to stable housing but also to reliable transportation, employment opportunities, and a healthy family environment. This one-year developmental study will evaluate the US Department of Housing and Urban Development's initiative, the Continuum of Care (CoC) system, which addresses homelessness through cross-sector collaboration. Specifically, investigators will use a mixed-methods approach to test whether CoCs that are under resource constraints in terms of funding availability, less than optimal diversity in their partner organizations, and poor quality partnerships, experience greater challenges in addressing the full spectrum of health needs of their homeless populations. The study will generate evidence of the degree to which coordinated community services and resources are effective in improving health and equity, and will capture the key factors in successful cross-sector collaborations for the homeless. Study findings will identify effective models of CoC networks and thereby advance knowledge on building a culture of health in communities with highly vulnerable homeless populations.

New OnDemand Webinars from April 2020 Available on the NYLearnsPH.com LMS (continued)

Preventing violence in our homes: Meeting this moment with connection, care, and justice

Originally Aired: April 14, 2020

Provider: Prevent Connect
[PC-20200414-C19](#)

In this web conference, speakers will talk about their communities' experiences with COVID-19 and emerging strategies to understand community needs in this moment and respond to them. We will also offer ample time for participants to share what they're learning and what actions they're taking. Whether you are a public health practitioner, community health worker, educator, or advocate, we can meet this moment of major individual and collective upheaval with connection, care, and an unwavering commitment to justice. Together, we can support and advocate for children, youth, and families, and prevent violence in our homes.

Protecting Older Adults from the Harms of Social Isolation and Providing a Continuum of Care During COVID-19

Originally Aired: April 15, 2020
Provider: Public Health Institute
[PHI-20200415-C19](#)

The ongoing COVID-19 crisis presents unique challenges for the public health and aging sectors. While social distancing protects older adults who are at higher risk for complications from the virus, the practice can exacerbate social isolation, a longstanding issue for this population. The needs of older adults must be considered across a continuum of care from primary prevention to post-acute care in the coming months.

On April 15th join Trust For America's Health Policy Development Manager, Megan Wolfe for a Web Forum to discuss how to address the unique challenges that older adults face while adhering to public health advice to minimize risk of infection. Attendees will learn about the consequences of social isolation, how the aging services sector has adapted its delivery models, and hear about promising practices from the field and the importance of working with public health partners to address the needs of older adults.

Economical Breakthrough Strategies to Increase Affordable Housing in Your Community

Originally Aired: April 21, 2020
Provider: Population Health Learning Collaborative
[POPHLC-20200421](#)

Our April installment of the PopHLC's Monthly Webinar Series will demonstrate how communities can take a strategic mix of abundant and multiplying "ingredients" and create an economical and practical "recipe" to increase access to affordable housing to help address the homelessness crisis.

Centers for Disease Control & Prevention (CDC) Want to learn about policy? Here are three Policy Courses designed to meet NYS Training Needs identified by *PH-WINS*



Introduction to Policy Analysis in Public Health [CDC-PolAnalysis](#)

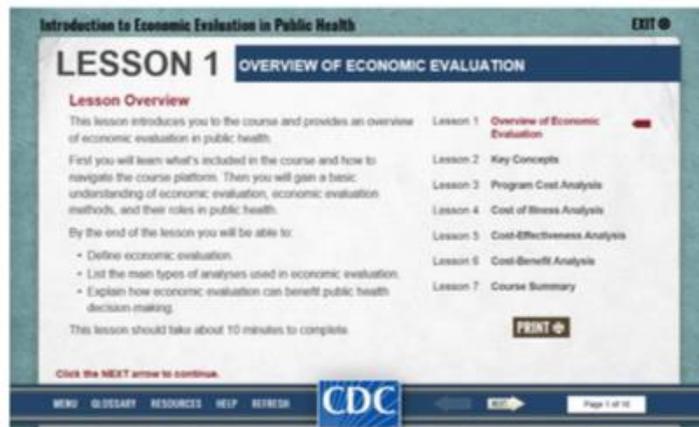
The 90-minute *Introduction to Policy Analysis in Public Health* course, designed for public health practitioners, introduces the learner to the CDC policy process and provides specific instruction on the policy analysis component of the process. Instructional content will result in the learner having a better understanding of what policy analysis is, its use in proactively assessing policy options under consideration, and how it can contribute to public health's role in policy.

Introduction to Policy Evaluation in Public Health [CDC-PolEval](#)

The two-hour online *Introduction to Policy Evaluation in Public Health* course, designed for public health practitioners, introduces the learner to the use of policy evaluation in public health and provides specific instruction on applying evaluation methods throughout a policy process. Instructional content describes what "policy evaluation" is and will enable the learner to have a better understanding of how to apply the Centers for Disease Control and Prevention (CDC) Evaluation Framework to conduct an evaluation of adopted policies that may impact public health.

Introduction to Economic Evaluation in Public Health [CDC-EconEval](#)

The one-hour *Introduction to Economic Evaluation in Public Health* course provides a broad overview of economic evaluation methods with illustrative examples from public health. It will help the learner understand and apply economic evaluation findings to their public health work.



Four **NEW** Courses from Region 2 Public Health Training Center Strategic Skills Training Series

The Strategic Skills Training Series developed by the Region 2 PHTC aims to help prepare public health practitioners to develop the practices and competencies associated with being a Chief Health Strategist. The modules in this series use the community health improvement planning process to introduce you to the basics of the following four strategic skills areas. This first set of modules have been developed at an introductory level; the next parts of the series will build on these foundational modules.

[Reg2PHTC-Systems Thinking](#) - Strategic Skills Training Series:

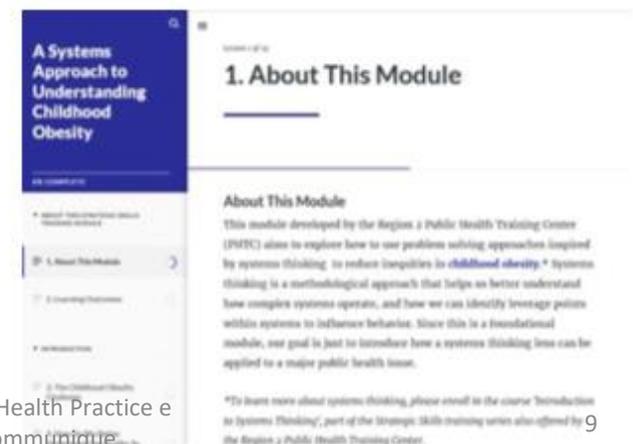
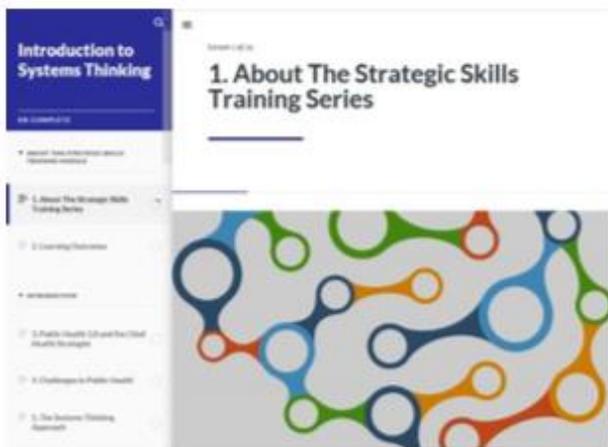
Introduction to Systems Thinking

[Reg2PHTC-Persuasive Communication](#) - Strategic Skills Training Series:

Introduction to Persuasive Communication

[Reg2PHTC-Change Management](#) - Strategic Skills Training Series: Introduction to Change Management

[Reg2PHTC-Childhood Obesity](#) - A Systems Approach to Understanding Childhood Obesity



CLIMATE AND HEALTH COURSES

Heat and Health in New York State

Enroll in LMS: [NYSDOH-Climate1](#)

“Heat and Health in New York State” is intended to educate social service providers and community leaders in preventing heat’s adverse health effects among vulnerable populations.

WIC and Climate Change in New York State

Enroll in LMS: [NYSDOH-Climate2](#)

“WIC and Climate Change in New York State” describes the impacts of climate change and what it may mean for WIC programs. Both courses provide evidence of the climate changing, how people may be affected, and resources or mitigation strategies in response to the changing climate.

Climate Change and Public Health 101 - Northeast Edition

Enroll in LMS: [BRACE-Climate101](#)

20 minute online course! This course focuses on the public health impacts from climate change that are of most concern to the Northeast and what local health departments can do to mitigate and prevent them.

NYS Department of Health: Climate & Health Profile (Originally Aired March 30, 2016)

Enroll in LMS: [Reg2PHTC-Climate1](#)

Presenter: Asante Shipp Hilts
The webinar will describe the changing NYS climate, climate-related health impacts, vulnerable populations, methods for assessing vulnerability, challenges and opportunities, existing NYS initiatives and collaborations, and implementation of the NYSDOH Climate and Health Strategic Map.



In light of current events and out of respect for our speakers and the production crew, the March 2020 *Public Health Live!* [Person Centered Healthcare in Planning and Practice](#) and immediate **Spring 2020 PHLive! programming have been postponed.**

If you registered for the March 2020 event, there is no need to re-register. As soon as a new date and time are set, UAlbany will contact you by email with the new details.

If you are not able to join us for the rescheduled live webcast date, please remember that all *Public Health Live!* webcasts are recorded for "[on demand](#)" access. This will allow you to watch the recording on your schedule and still receive any CE credits offered.

NEW 2020 Versions of the Continuing Ed Programs (CEPs) for

- **Public Health Educator (PHEd)**
- **Public Health Nurse 2 (PHN2)**
- **Supervising Public Health Nurse (SPHN)**

- **Designed specifically for PHEds, PHN2s and SPHNs** working at NYS LHDs
- These CEPs replace outdated programs in need of update
- **Increase awareness/knowledge of emerging issues** important to PH practice
- **Align with professional and PH competencies** that staff may not have been exposed through their clinical education
- **If you were enrolled in an earlier version** of the PHEd2012, PHN22018 or SPHN2018 CEP?:
 - **You will automatically be enrolled in the 2020 version(s)** and all component courses by April 15th
 - 2020 CEPs share many component courses with earlier versions
 - **Previous course completion status is honored**, no need to retake courses.
- Participation in & completion of these **CEP is completely voluntary** at this time.
- **Access by logging into your www.NYLearnsPH.com LMS account and go to My Courses > Current Programs.**
- **Need to Enroll?: <https://www.nylearnsph.com/Public/Catalog/program.aspx>**

Questions?: Email edlearn@health.ny.gov or call 518-473-4223 and speak with Tom Reizes or Abbey Greenbaum.