**SELF-CARE STEPS**

1. Clean hands with soap & water or hand sanitizer before touching wounds.
2. Gently wash wound with soap & water or with saline at least every 2-3 days.
3. Put ointment on gauze & place on entire wound. Cover with more dry gauze.
4. Wrap wound with kerlix and secure with medical tape. Make sure wrap is not too tight.
5. Cover dressing with ACE wrap or coban or with long sleeves/pants if no other option.
6. Change dressing every 1-3 days. Watch for red flags.

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**XYLAZINE**

// zai·luh·zeen //

AKA “Tranq” or “Tranq Dope”

A cutting agent making its way into the drug supply. Contamination with xylazine increases risk of sedation, overdose, and wounds that are hard to heal.

This guide focuses on xylazine wounds

_Last updated: 02/2023; Design by: Maggie Shang MD_

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**WOUND CARE SUPPLIES**

- Sterile saline
- A+D ointment
- Medihoney
- Medical tape
- Coban
- Gauze
- Kerlix
- ACE bandage
- Soap
- Coban

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**University of Pittsburgh**

Grayken Center for Addiction Training & Technical Assistance
Boston Medical Center
**Xylazine Wounds**

Xylazine wounds can appear anywhere on the body regardless of where you are injecting, particularly in **YELLOW** areas.

Check these areas regularly for any wounds that may develop.

Wounds can occur even if you’re just snorting or smoking.

**Red Flags to Seek Medical Care**

- Fever or chills
- Skin turns dark or black
- Skin is red, hard, & hot to touch
- Thick, smelly yellow or green drainage
- Severe or worsening pain at wound site
- Pain & decreased ability to move joint
- Pieces of tissue falling off
- Exposed bone or tendon
- New numbness

**Helpful Tips**

- Keep your skin moisturized with A+D ointment
- Avoid using alcohol/hydrogen peroxide on wounds
- Keep wounds covered with a clean bandage
- Wear long sleeves, pants, socks, and gloves to prevent yourself from scratching your skin
- Eat protein & stay hydrated to help with healing
- Avoid injecting into or around your wounds
- Use new supplies every time and avoid sharing
- Not every wound is infected. Avoid taking non-prescribed antibiotics

Even though xylazine isn’t an opioid, you should still give naloxone in an overdose as opioids are often present.